



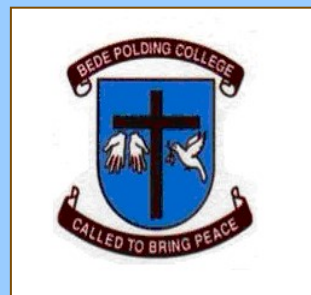
THE GOOD SAMARITAN

“Called To Bring Peace”

Bede Polding College

Email address: BedePolding@parra.catholic.edu.au
Website address: www.bedepoldingwindsor.catholic.edu.au
Phone: 4560 2900 Fax: 4560 2999

Newsletter: 23rd February 2018 Term 1



Calendar

Term 1

March:

- 5-9 Catholic Schools Week
- 6 Yr 7 Information night 7pm
- 7 School tour for Year 7 parents
2019 3.30pm-5.30pm
- 14 P&F General meeting 7pm
- 30 Good Friday

April

- 2 Easter Monday
- 12 Cross Country
- 13 Last day of Term 1

Principal's Desk

Dear Parents/Guardians,

As we are in the early weeks of Lent it is important to reflect on the preparation that we are asked to make for Easter. In speaking to our students on Ash Wednesday I indicated that if our hearts were in the right place during this time our school community would be more peaceful, we would be more forgiving and accepting of others. In an article I read this week it referred to this preparation as having to ask ourselves "How do I want to be during Lent this year?" This is a great question to focus on. The article went on to ask a number of questions including "Do I need to be more compassionate toward my own fears and failings? Do I need to become more courageous about using the gifts God has given me?" I have included the link below

Each year Lent should be a time of personal and communal growth. Let's pray that all of us are fully prepared for the joy that is Easter and that we give generously of our time and our talents.

God Bless

Kevin Jones

Principal

<https://www.ignatianspirituality.com/25341/how-to-prepare-for-lent>

College Leadership Teams



~ Executive ~

Principal

Mr Kevin Jones

Assistant Principals

Mr Rodney Howard / Mr Harry Fernandez

Religious Education Coordinator

Joshua Rodricks-Testa

Case Management Coordinator

Miss Hayley Lalor

School Secretary

Mrs Lisa Casey/Mrs Deanna Melbin

Business Manager

Mr Paul Cruise

Administration Coordinator

Mrs Dominique Sidaros

Staff Representative

Brett Collimore

~ Curriculum Forum & Assistants ~

Religious Education Coordinator

Joshua Rodricks-Testa /

Assistant: Mrs Jessica Damski

Learning Technologies Coordinator

Mr Matthew Kneller

Visual Arts

Miss Angela Rando

Music

Bradley lee

English

Ms Angela McEneaney / Assistant: Miss Melina Jamhour

Human Society & Its Environment

Mr Paul Sykes / Assistant: Mr Brett Windon

Languages

Ms Felicity Lupton

Mathematics

Mrs Anni Brailey / Assistant: Mrs Despina Wealth

PDHPE

Mr Marc Sluiter / Assistant: Mr Liam Campbell

Careers

Mr Brett Collimore

Science

Mr Stephen Godfrey / Assistant: Mr Steve Lans

Sports Coordinator

Mr Dean Bertenshaw

Technology & Applied Studies

Mr Edward Gruppetta / Mrs Lisa Cummins

Year Coordinators

Year 7: Mr Craig Adams

Year 8: Miss Kristy Walsh

Year 9: Mr Jeremy Tuano

Year 10: Mr Matthew Marshall

Senior Coordinator:

Mr Nick Briffa

Social Justice Coordinator

Mrs Janette Wick

Home-School Liaison Coordinator

Miss Jenny Woods

Student Counsellors

Mrs Debbie Robinson/ Mrs Sara Kennedy

Librarian

Mrs Kerrie Brownscombe

Year 7 Enrolments 2019

Enrolment forms for Year 7 2019 will be available from the office from **Monday 26th February 2018**. **All feeder schools will also have enrolment forms available from this date**. Completed applications **MUST** be returned to the College no later than Friday **25th May 2018**.

It is absolutely essential that families with children at Bede Polding ensure that they collect an enrolment form for siblings they wish to commence at Bede Polding in Year 7 2019. **The school has no way of knowing that you wish to enrol a sibling unless you submit an application.**

School tours will be conducted during Catholic Schools Week. If you wish to come to a tour of the College on Wednesday 7th March from 3:30pm to 5:30pm, please call the office to express your interest.

2018 School Fees

School Fee Statements have been issued to all families and all families have the opportunity to take the offer of a Flexible Payment Plan (FPP) either on line or by post. The FPP means that school fees can be paid either weekly, fortnightly or monthly. The information about the FPP is included with the School Fee Statements.

Unfortunately 2018 School Fees were issued with the incorrect Biller Code for BPAY - the correct Biller Code is 161828. We sincerely apologise and understand that a corrected Fee Statement is being mailed.

Star Spot



*This is the star of the week.
Congratulations to:*

Bronagh Miskelly

Well done - to this student

Bronagh Miskelly Year 8 received the interschools secondary champion in Equestrian Vaulting for representing Bede Polding College in 2017. Bronagh was awarded this at a dinner on Tuesday 20th February.



GET MUSIC LESSONS.

GUITAR PIANO DRUMS VOICE BRASS

50% OFF TRUMPET & SAXOPHONE LESSONS

**Please contact
school office**





BEDE POLDING COLLEGE CANTEEN MENU



BREAKFAST

EVERYDAY

WHOLE FRUIT PIECES	From	\$ 1.0
YOGHURT	Vanilla	\$ 3.0
WATERMELON SALAD	Large	\$ 4.0
FRUIT SALAD	Fresh Seasonal Fruits	\$ 4.2
MUFFINS & BANANA BREAD	Assorted	\$ 3.0
TOASTED SANDWICHES, WRAPS & HOT FOOD		
HASH BROWN		\$ 1.0
EGG & CHEESE ROLL	With Sauce	\$ 3.0
BACON ROLL	With Sauce	\$ 3.5
EGG & BACON ROLL	With Sauce	\$ 3.8
CHEESE WRAP		\$ 2.5
HAM, CHEESE & TOMATO SANDWICH		\$ 3.6

BREAKFAST BEFORE 9AM

\$5.50

OR CHOOSE ONE
FRUIT SALAD
WATERMELON SALAD

WATER 600ML
MILK 300ML



CHOOSE ONE
ITEM FROM THE
BREAKFAST SECTION
(EXCLUDES FRUIT / WATERMELON SALAD)



CHOOSE ONE
HASH BROWN
FRUIT PIECE

CHOOSE ONE
WATER 600ML
MILK 300ML



FRESH SALADS

EVERYDAY

EVERYDAY		
WATERMELON SALAD	Watermelon Chunks	\$ 4.0
FRUIT SALAD	Watermelon, Rockmelon, Kiwi, Grapes, Orange, Seasonal	\$ 4.2
GARDEN	Lettuce, Tomato, Carrot, Cucumber, Beetroot, Red Onion, Italian Dressing	\$ 4.5
SWEET CHILLI CHICKEN	Tenders, Lettuce, Tomato, Cheese, S / Chilli Mayo	\$ 5.0
CHICKEN CAESAR	Chicken Breast, Lettuce, Egg, Bacon, Crouton, Cheese	\$ 5.5
GRANDE GARDEN	Avocado, Roast Capsicum, Salad * PRE ORDER	\$ 5.2
SUMMER CHICKEN	Chicken Breast, Roast Capsicum, Salad * PRE ORDER	\$ 5.5
AVOCADO CHICKEN	Chicken Breast, Avocado, Salad * PRE ORDER	\$ 5.5
GOURMET YOUR WAY	Ham or Roast Beef & Salad * PRE ORDER	\$ 5.5
TUESDAY & WEDNESDAY		
CHICKEN PASTA	Chicken Breast, Creamy Spiral Pasta	\$ 4.5
ROAST PUMPKIN, BEETROOT & FETTA	Mixed Lettuce, Red Onion	\$ 5.5
VIETNAMESE NOODLES	Chicken, Cucumber, Carrot, Capsicum, Red Onion	\$ 5.5

WRAPS

EVERYDAY

SALAD	Lettuce, Tomato, Cucumber, Carrot, Beetroot, Red Onion	\$ 4.3
CHICKEN	Chicken Breast, Lettuce, Mayo	\$ 4.8
SWEET CHILLI CHICKEN	Tenders, Lettuce, Cheese, Sweet Chilli Mayo	\$ 4.8
HAM SALAD	Premium Ham, Salad	\$ 4.8
CHICKEN CAESAR	Chicken Breast, Lettuce, Egg, Crouton, Bacon, Cheese	\$ 5.5
AVOCADO SALAD	Fresh Avocado, Salad * PRE ORDER	\$ 5.0
ROAST BEEF SALAD	Salad * PRE ORDER	\$ 5.0
CHICKEN, AVOCADO & SALAD	Chicken Breast * PRE ORDER	\$ 5.5

WEDNESDAY

CRUNCHY BREAD ROLLS REPLACE WRAPS ON WEDNESDAY

* The Canteen Uses Natural Breast Chicken In All Salads, Sandwiches, Wraps & Rolls

SANDWICHES

EVERYDAY

EGG & LETTUCE		\$ 3.6
SALAD	Lettuce, Tomato, Cucumber, Carrot, Beetroot, Red Onion	\$ 3.6
CHICKEN, LETTUCE & MAYO	Chicken Breast	\$ 3.6
HAM, CHEESE & TOMATO	Premium Ham	\$ 3.6
CHICKEN, CHEESE & TOMATO	Chicken Breast	\$ 3.6
HAM SALAD	Premium Ham, Salad	\$ 4.0
SWEET CHILLI CHICKEN, LETTUCE & MAYO	Tenders	\$ 4.0
FIFTY FIFTY	Half Of Two Different Types Of Sandwich	\$ 4.0
B.L.T	Bacon, Lettuce, Tomato * PRE ORDER	\$ 4.0
TUNA	Lettuce, Mayo Or Cucumber * PRE ORDER	\$ 4.0
ROAST BEEF SALAD	Salad * PRE ORDER	\$ 4.0

CRUNCHY ROLLS WEDNESDAY

SALAD	Lettuce, Tomato, Cucumber, Carrot, Beetroot, Red Onion	\$ 4.5
PULLED BEEF	Slow Cooked Beef & Gravy Made Fresh In The Canteen	\$ 5.0
EGG & LETTUCE		\$ 5.0
AVOCADO SALAD	Fresh Avocado, Salad * PRE ORDER	\$ 5.0
CHICKEN SALAD	Chicken Breast, Salad	\$ 5.0
CHICKEN SCHNITZEL	Breast Fillet, Lettuce, Mayo	\$ 5.0
HOT N SPICY CHICKEN	Spicy Breast Fillet, Lettuce, Peri Peri Mayo	\$ 5.0
HAM & SALAD	Premium Ham, Salad	\$ 5.0
ROAST BEEF SALAD	Salad	\$ 5.0
SWEET CHILLI CHICKEN	Tenders, Lettuce, Sweet Chilli Mayo	\$ 5.0
CHICKEN, LETTUCE & MAYO	Chicken Breast	\$ 5.0



\$5

EVERYDAY SANDWICH DEAL

CHOOSE ANY \$3.60 SANDWICH
AND WATER 600ML

\$5.50 IF YOU CHOOSE A \$4 SANDWICH



PIZZA

MONDAY

CHEESE	Cheese & Sauce	\$ 3.8
PEPPERONI	Cheese, Pepperoni & Sauce	\$ 4.0
BBQ CHICKEN	Chicken Breast, Cheese, BBQ Sauce	\$ 4.5
VEGETARIAN	Roast Capsicum, Red Onion, Fetta, Cheese * Pre Order	\$ 4.0

SUBS

TUESDAY

SWEET CHILLI CHICKEN	Tender, Cheese, Sweet Chilli Mayo	\$ 3.6
CHICKEN & GRAVY	Chicken Breast, Rich Gravy	\$ 3.6
MEATBALLS	Beef Meatballs, Cheese, BBQ Sauce	\$ 4.0

All Subs Are Served On A Long White Roll

RICE PAPER ROLLS

WEDNESDAY

CHICKEN	Chicken Breast, Lettuce, Tomato, Carrot, Cucumber	\$ 4.0
SWEET CHILLI	Chicken Tender, Lettuce, Carrot, Cucumber	\$ 4.0
TUNA	Lettuce, Carrot, Cucumber	\$ 4.0
VEGETARIAN	Lettuce, Tomato, Carrot, Cucumber	\$ 4.0

All Vietnamese Rice Paper Rolls Are 2 Pieces Per Serve

HOT BITES

EVERYDAY

SPICY CHICKEN WINGS		\$ 1.2
GARLIC BREAD		\$ 2.0
POTATO WEDGES		\$ 3.0
CUP OF NOODLES	Tom Yum - Chicken - Beef - Vegetable	\$ 3.0
SAUSAGE ROLL		\$ 3.0
MEAT PIE		\$ 3.5
CHEESE & SPINACH ROLL		\$ 4.0
POTATO PIE		\$ 4.2

TUESDAY & WEDNESDAY

SWEET CHILLI CHICKEN TENDER	OR 3 FOR \$5	\$ 1.7
CHICKEN NUGGETS x 5	Extra Nuggets 60c Each	\$ 3.0

BURGERS

EVERYDAY

CHEESEBURGER	Beef, Cheese, Tomato Sauce	\$ 4.6
AUSSIE BEEF	Lettuce, Tomato, Beetroot, BBQ Sauce	\$ 4.6
EVERYDAY (SERVED ON A CRUNCHY ROLL \$5 WEDNESDAY)		
CHICKEN	Breast Fillet, Lettuce, Mayo	\$ 4.6
HOT N SPICY CHICKEN	Spicy Breast Fillet, Lettuce, Peri Peri Mayo	\$ 4.8
THURSDAY		
SWEET CHILLI	Tenders x 2, Lettuce, Sweet Chilli Mayo	\$ 4.6
BEEF, BACON & CHEESE	BBQ Sauce	\$ 5.4
FRIDAY		
FISH FILLET	Lettuce, Your Choice Of Sauce	\$ 4.6
CHICKEN CAESAR	Breast Fillet, Bacon, Lettuce, Caesar Dressing	\$ 5.4



EFTPOS IS AVAILABLE HERE

Cheque / Savings	Debit / Credit	Tap N Go
Fee : 20 Cents	Fee : 2.4%	Fee : 14 Cents
No Minimum	No Minimum	\$5 Minimum

SNACK PACKS & KEBABS

EVERYDAY

SPICY CHICKEN WINGS & WEDGES	Wings x 2	\$ 5.0
MONDAY & TUESDAY		
CHICKEN SCHNITZEL SNACK PACK	With Chips Or Salad	\$ 6.0
THURSDAY & FRIDAY		
DONER SNACK PACK	Authentic Kebab Meat With Chips Or Salad	\$ 6.8
DONER KEBAB	Cheese & BBQ Sauce OR Lettuce, Tomato & BBQ	\$ 6.0
FRIDAY		
FISH SNACK PACK	Premium Fish Fillet With Chips Or Salad	\$ 6.0

PASTA - RICE - NOODLES

EVERYDAY

EVERYDAY					
CREAMY CHICKEN PASTA		Small	\$ 3.0	Large	\$ 4.8
BUTTER CHICKEN With Steamed Rice		Small	\$ 3.5	Large	\$ 5.2
MONDAY					
LASAGNA Homemade Beef Sauce				Large	\$ 5.8
TUESDAY					
BOLOGNESE PASTA Homemade Beef Sauce		Small	\$ 3.0	Large	\$ 4.8
LASAGNA Homemade Beef Sauce				Large	\$ 5.8
WEDNESDAY					
MACARONI & CHEESE				Large	\$ 4.8
BOLOGNESE PASTA Homemade Beef Sauce		Small	\$ 3.0	Large	\$ 4.8
THURSDAY					
FLAVOURS OF THE WORLD Weekly Special Curry & Noodles				Large	\$ 6.0
FRIDAY					
BOLOGNESE PASTA Homemade Beef Sauce		Small	\$ 3.0	Large	\$ 4.8
FLAVOURS OF THE WORLD Weekly Special Curry & Noodles				Large	\$ 6.0

MEXICAN

BEEF NACHOS	Beef Sauce & Cheese	Sour Cream Add 50c	\$ 5.0
VEGETARIAN NACHOS	Salsa, Lettuce, Cheese	Sour Cream Add 50c	\$ 5.0


TOASTED WRAPS

CHICKEN & CHEESE	BBQ Sauce	\$ 4.6
SWEET CHILLI CHICKEN	Tenders, Cheese, Sweet Chilli Mayo	\$ 4.6

DRINKS

EVERYDAY

WATER	600ml	\$ 2.0
OAK FLAVOURED MILK	300ml	\$ 2.4
OAK FLAVOURED MILK	600ml	\$ 3.8
ICE COFFEE	500ml	\$ 4.0
HOT CHOCOLATE		\$ 2.0
SOFT DRINK	375ml No Sugar	\$ 2.4
UP 'N' GO	250ml	\$ 3.0
APPLE JUICE	100% 350ml	\$ 3.0
ORANGE JUICE	100% 350ml	\$ 3.0
MINERAL WATER	500ml	\$ 3.0
ALOE VERA	500ml	\$ 3.5
ICE TEA	500ml	\$ 3.5
PUMP WATER	750ml	\$ 4.0
SOFT DRINK	600ml No Sugar	\$ 4.2
POWERADE	600ml Zero	\$ 4.2

Bede Polding Uniform Price List							
Junior Girls				Senior Girls			
Summer				Summer			
Summer Dress	\$60.00			Navy Blue Skirt	\$60.00		
Sky Anklets	\$ 6.00			Short Sleeve Blouse	\$35.00		
Winter				Winter			
Junior Girls Blazer	\$150.00			Senior Girls Blazer	\$150.00		
Winter Skirt	\$ 51.00			Navy Scarf	\$15.00		
Short Sleeve Shirt	\$ 27.00			Navy Stockings	\$ 8.00		
Maroon Tie	\$ 15.00			White Anklets	\$ 6.00		
Black Stockings	\$ 8.00						
Junior Boys				Senior Boys			
Summer				Summer			
Short Sleeve Shirt	\$27.00			Striped Shirt	\$35.00		
Navy Shorts	\$40.00			Navy Shorts	\$40.00		
Navy Trousers	\$46.00			Navy Trousers	\$46.00		
Navy Socks	\$ 6.00			Navy Socks	\$ 6.00		
Winter				Winter			
College Blazer	\$150.00			College Blazer	\$150.00		
Navy Striped Tie	\$ 15.00			Navy Tie	\$ 15.00		
Junior Unisex				Senior Unisex			
Maroon Jumper	10-16	\$66.00		Navy Jumper	10-16	\$66.00	
	18-22	\$70.00			18-22	\$70.00	
	24-26	\$77.00			24-26	\$77.00	
	28-30	\$84.00			28-30	\$84.00	
Sports Uniform				Accessories			
College Polo	\$40.00			School Bag	\$70.00		
College Shorts	\$30.00			Belt (Black)	\$13.00		
Sports Cap	\$13.00			Aprons	\$10.00		
Sports Socks	\$ 8.00			Safety Goggles	\$ 6.00		
Tracksuit Top	\$75.00			Drawstring Bag	\$ 5.00		
Tracksuit Pants	\$45.00			Navy Umbrella	\$12.00		
				Calculator	\$26.00		
				Cooking Hat	\$ 5.00		
				Year 7 Book Pack	\$40.00		
				Year 8 Book Pack	\$40.00		
				Maroon Gloves	\$ 5.00		
				A4 Art Diary	\$ 8.00		
				11x14 Art Diary	\$12.00		
				A4 Visual Journal	\$14.00		
				2 Piece Brush Set	\$ 8.00		
				Year 9 Art Pack	\$40.00		
Terms of Trade: Cash, cheque, Mastercard, Visa and EFTPOS accepted.							

IMPORTANT NOTICES:

Illegal Stopping in Tasman Place

This has been reported to police who will issue penalty notices to those offending.

Illegal U Turn:

All parents and students are warned that making a U turn out of the bus bay on

Rifle Range Rd is illegal. We bring this to your attention as making this turn is very unsafe, even when the 40kmh limit applies. Please **do not** make this turn.

Recharging Mobile Devices:

All students are asked to ensure that their mobile devices are fully charged before they arrive at the College each day.



IMPORTANT NOTICE TO MOTORISTS

RE: SCHOOL BUS ZONES IN RIFLE RANGE ROAD

Please be aware that the School Bus Zones in Rifle Range Road are as follows:

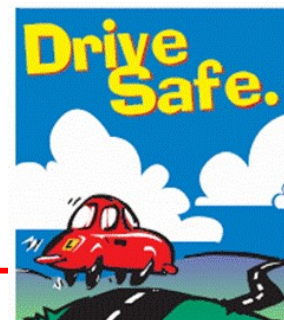
1. The existing bus bay near the main car park gate is now a School Bus Zone on School Days from 8:00am -9:30am and 2:30pm-4:00pm. Therefore other than buses - any vehicle parking or stopping in this bus bay for any purpose during these times is doing so illegally. Clear signage has been erected reading **"NO ENTRY - BUSES EXCEPTED"** to warn motorists of this change.
2. The former School Bus Zone located near the Front Gate has been converted to a Full Time Bus Zone. Clear signage has been erected to warn motorists of this change. Therefore other than buses, any vehicle parking or stopping for any purpose in the School Bus Zone at any time, is doing so illegally.



IMPORTANT NOTICE FOR DROP OFF/PICK UP

For safety reasons parents are asked NOT to drive onto the school grounds to drop off or pick up students before 9:30am and after 2:30pm. The **ONLY EXCEPTION** to this is for students with disabilities.

Thank you



IMPORTANT NOTICES - SMS ABSENCES

If your child is absent from school for any length of time and you do not receive an SMS message from the College please provide a note the first day back at school giving the date(s) and reason why your child was absent which should be given to their Homeroom teacher on the day of return.

On occasion it is out of our control that we experience an Internet or Telstra problem and therefore we are unable to send out the SMS absence messages.

Thank you for your patience.



Reminder of how to reply to SMS Absence messages

If you reply to the SMS message there is no need to send in a note to explain the absence -the SMS is sufficient. If you do not reply a note must be sent in with your child and given to their homeroom teacher on the day of return.

In your SMS reply please include the following details:

Child first and surname, Year group and homeroom (if known), **reason for absence**.

Examples:

Kylie Howard, 8D2, sick with a cold.

Nikki Howard ,11, orthodontist appointment

PLEASE NOTE THAT IT IS VERY IMPORTANT THAT YOU GIVE REASON FOR ABSENCE. We are still receiving replies without providing a reason for absence. In these cases it is still an unexplained absence and will remain outstanding.

Please do not call the number sent in the SMS, it is only for SMS replies.

The replies are not downloaded till 1:00pm daily, so if, you need to clarify any details concerning your child's attendance please call the College office before 1pm on 4560 2900

ASSESSMENT TASK CALENDAR

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 5

5A			Monday	Tuesday	Wednesday	Thursday	Friday
			27 Feb	28 Feb	1 Mar	2 Mar	3 Mar
	12	ATD			English Adv (S) English Std (S)	Drama (IC) P4/5	
	11	ATD					
	10	ATD					
	9	ATD					
	8	ATD					
	7	ATD					

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 6 TERM 1

6B			Monday	Tuesday	Wednesday	Thursday	Friday
			6 Mar	7 Mar	8 Mar	9 Mar	10 Mar
	12	ATD	Catholic St (S)		History Extension (S)	Assessment Free	Assessment Free
	11	ATD				Biology (IC) P4/5	
	10	ATD		PDM (S)	Food Tech (S)		Geography (S)
	9	ATD					
	8	ATD					
	7	ATD					

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 7

7A			Monday	Tuesday	Wednesday	Thursday	Friday
			13 Mar	14 Mar	15 Mar	16 Mar	17 Mar
	12	ATD	Assessment Free	Assessment Free	Assessment Free	Exams	Exams
	11	ATD	SLR (S)	Food Tech (IC)	CAFS (S) Senior Sc (IC)		
	10	ATD	IST (IC)				
	9	ATD				PDM (S)	
	8	ATD					
	7	ATD					

PLEASE NOTE:

In the case of any discrepancy in the assessment dates published here the date that will be used by the College in the event of any appeal or other process will be the date on the Assessment Task Cover Sheet provided directly to the student. Please contact the College if you have any concerns about any of the information published here.