

THE GOOD SAMARITAN

"Called To Bring Peace"

Bede Polding College

Email address: BedePolding@parra.catholic.edu.au

Website address: www.bedepoldingwindsor.catholic.edu.au

Phone: 4560 2900 Fax: 4560 2999

Newsletter: 31st August 2018 Term 3



CALENDAR

Term 3

August

Friday 31st Creative Arts/TAS
Year 12 Showcase
6.00pm-8.00pm

September

Wednesday 5th - P & F General Meeting
@ 7.00pm

(guest speaker Amanda Jones NSW Police)

Tuesday 25th Yr 12 Graduation Mass
& Presentation 5.00pm

Friday 28th Last day of term

October

Monday 15th Staff Development Day
(no students)

Tuesday 16th All Students Return

PRINCIPAL'S DESK

Dear Parents/Guardians,

As you know I will be concluding my time as Principal of the College at the end of this term. I have just returned from two weeks of leave. This has afforded me some time to consider just how much I have enjoyed my time here and also to recognise just how much I have learnt. On Tuesday this week I was privileged to be present when the prospective candidates for the role of School Captain presented speeches to the whole of the teaching staff. They were all so impressive, credits to their families and very fine products of the College. I was very conscious that this would be the last time I would go through this process here at Bede.

I look forward to seeing many of you over the coming weeks before the end of term.

God Bless

Kevin Jones



College Leadership Teams

~ Executive ~

Principal

Mr Kevin Jones

Assistant Principals

Mr Rodney Howard / Mr Harry Fernandez

Religious Education Coordinator

Mr Joshua Rodricks-Testa / Assistant: Jessica Damski

Case Management Coordinator

Miss Hayley Lalor

School Secretary

Mrs Deanna Melbin/Mrs Lisa Casey

Business Manager

Mr Paul Cruise

Learning Technologies Coordinator

Mr Matthew Kneller

~ Curriculum Forum & Assistants ~

Music

Mr Bradley Lee

Visual Arts

Miss Angela Rando

English

Miss Angela McEneaney/Assistant: Miss Melina Jamhour

Human Society & Its Environment

Mr Paul Sykes / Assistant: Mr Brett Windon

Languages

Ms Felicity Lupton

Mathematics

Mrs Anni Brailey / Assistant: Mrs Despina Wealth

PDHPE

Mr Marc Sluiter / Assistant: Liam Campbell

Careers

Mr Brett Collimore

Science

Mr Stephen Godfrey / Assistant: Mr Steve Lans

Sports Coordinator

Mr Dean Bertenshaw

Technology & Applied Studies

Mr Edward Gruppetta / Mrs Lisa Cummins

Year Coordinators:

Year 7 Mr Craig Adams

Year 8 Ms Kristy Walsh

Year 9 Mr Jeremy Tuano

Year 10 Mr Matthew Marshall

Senior Coordinator Mr Nick Briffa

Social Justice Coordinator

Mrs Janette Wick

Home-School Liaison Coordinator

Miss Jenny Woods

Student Counsellors

Debbie Robinson/Sarah Kennedy

Librarian

Mrs Kerrie Brownscombe

CAPTIVATE 2018

On the 21st and 22nd of August a group of Bede Polding College Drama students performed alongside nearly 2000 other students in the CAPTIVATE 10th Anniversary showcase at Quay Centre in Sydney Olympic Park, after ten weeks of rehearsals and preparation.

CAPTIVATE is the Creative and Performing Arts program for Catholic Schools in the Diocese of Parramatta. This program offered students the opportunity to collaborate and engage with students from other schools to enrich their performing skills and experiences through the combined school programs in drama.

The students were respectful, passionate and energetic, and on more than one occasion were complemented by other schools and creative arts professionals on their performance skills and maturity.

Congratulations and a big thank you to the creative efforts of the following students: Victoria Benfield, Bethany Dimech, Melodi Evans, Olivia Gillemot, Tara Harrison, Carlii-Anna Hawley, Lucy Head, Renee Herboldt, Taya Hilli, Khushi Karan, Zachary Kaun, Nyree Kennedy, Alana Loveridge, Laura Perry, Angela Touma, Chloe Tyrell, Teagan Vanderburg, Hayley Xiberras and Tiziana Yuletian.

Miss Thurling



capTivate

2018





COOKING WITH DAT

OH HH SO YUMMY
PANCAKES

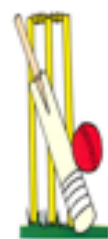
YUMMY | DELICIOUS | HEALTHY | SWEET



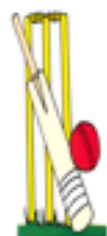
CHEFS OF THE WEEK

William Ayscough; Rhys Bobart; Jasmine
Fry; Jack Gibson; Jake Scicluna & Lily
Winkler

Fantastic efforts by all of our DAT students in their practical lesson this week. They watched a demonstration wrote a procedure and had to cook what they had written... How good do these look!



SYDNEY THUNDER T20 BLAST CRICKET GALA DAY



On the 28th of August 2018 Bede Polding College participated in the Sydney Thunder T20 Blast cricket day for Year 7 students held at Blacktown Sports Park.

The girls were split randomly into 2 teams.

Team 1

Shannon Robinson
Taleah Rosa
Ella Byron
Emily Ryan
Alex Sowinski
Kiara Borg
Jessica Mobbs
Maddison Thorn

Team 2

Adelaide Hicks
Abi Saba
Emily Wilson
Teliya Sluiter
Mia Cristante
Grace Badr
Ashlee Hedges

Team 1: On the day, team 1 played 3 games of modified cricket and at the end of the day the girls finished up 2nd overall in their pool.

Team 2: Team 2 also played 3 games and were tied for 1st place so went into a Final against Caroline Chisholm. This game was the closest game of the whole day for the girls and BPC ended up winning by 3 runs!

Team 2 finishing 1st overall now go through to the Sydney Thunder Regional Gala Day to be held at Drummoyne Oval in Term 4. If the BPC Girls can pull off another 1st place they will be eligible to play in the National Round held at the Melbourne Cricket Ground in December!

The 2 boys teams also played 4 games each and performed well. Those boys were: Will Hurst, Joshua Tanti, Harrison Kovac, Ajay Potts, Riley Cavanagh, Mitchell McDonald, Ryan Carr, Eli North, Jasper Anderson, Lachlan Pavlovic, Patrick Bennett, Jack A. Mitchell, Kyle Dowie, Josh Evans, Jack Gibson, Rhys Bobart, Curtis Crook, Charlie Burton, Aiden Hili.

Overall the day was extremely fun and enjoyable, it was a great experience for all the students and we all learned a lot! On behalf of the students I would like to thank Mr McKay and Mrs Bickford for organising the teams and for all their support and positivity on the day!

Written by Adelaide Hicks

Creative Arts & TAS Evening

Friday 31st August

Good Samaritan Hall

6pm-8pm

Featuring performances and exhibitions of:

Year 12

Drama

Visual Arts

Design & Technology

Industrial Technology-Timber

Catering by Year 11 Food Technology

All welcome



RU OK?™

A conversation could change a life.



You're invited...

We're hosting an event in support of the national charity RU OK? because we believe that asking "are you ok?" is something we can all do to make a difference.

Thursday 13/9/18 - \$1.00 Wristband Sale

Date/Time:

Location:

Visit ruok.org.au for tips on how to ask

2018 POLDING WALK INCENTIVE AWARD



Congratulations to the following students who were awarded prizes at Assembly as the being the top individual money raisers at this year's Polding Walk:

*Year 7 & 8 Winner is **Kyle Tyrpenou** (\$920)*

*Runner Up is **Annabelle Marks** (\$780)*

*Year 9 & 10 Winner is **Jordan Garner** (\$300)*

*Runner Up is **Abbey Reith** (\$250)*

*Year 11 & 12 Winner is **Jazmin Zarb** (\$145)*

*Runner Up is **Breanna Morse** (\$105)*

The winners each receive Gift Cards and the Runner's Up each receive iTunes Cards.

The winning Home Rooms are **7D8, 9D13** and **Seniors B6** - these students, along with the top individual money raisers from all Year Groups will enjoy a great day out at Wet N Wild in Term 4. Senior students will enjoy a day out at a venue to be determined.

2018 POLDING WALK - Friday, 29th June

This year's Polding Walk proved to be another huge success and it was fantastic to see how the students and the entire school community supported this event so enthusiastically. The weather cleared to make the day a great one.

Bede Polding Day is not just about a walk – it is a time to celebrate the deeds of John Bede Polding. The students raised money for the school that will be used to buy a new 12 seater mini-bus.

Students worked extremely hard to arrange sponsors for the Polding Walk and we are pleased to report that the amount raised this year is approximately \$50,000. Thank you to our students, parents and sponsors for their collective efforts in raising this amount. Please note that all 'business' sponsors' will be acknowledged in our newsletters in Term 3 and receive 'Certificates of Appreciation'. On the day we received great support from the NSW Police.

There are incentive prizes for individual students and home rooms who raised the most money and these will be announced in Term 3 at a College Assembly.

This year we had 40 parents and friends who generously volunteered on the day by supervising on checkpoints or cooking/serving lunch. Without such wonderful support, the day would not have run so smoothly. Their names are listed elsewhere in this newsletter.

The students should also be commended on the co-operation and behaviour on the day which resulted in the Polding Walk being a safe event. We also received really positive feedback from NSW Police who patrolled the streets while the students walked.

The day began with the judging of the fancy dress competition. The effort that our students and staff made was outstanding. We had students dress up as, super heroes, pixies, fairies, clowns, pirates, wild animals, movie stars, warriors and famous faces just to name a few. Well done to too all who got into the spirit.

After the Polding Walk, students returned to school for a BBQ lunch before braving the carnival rides and the Battle of the Bands. The school car park became an amusement park for a few hours and the Hall came alive as students enjoyed the music. Congratulations to all contestants in the Battle of the Bands and thank you for entertaining us.

The Polding Walk Organising Committee



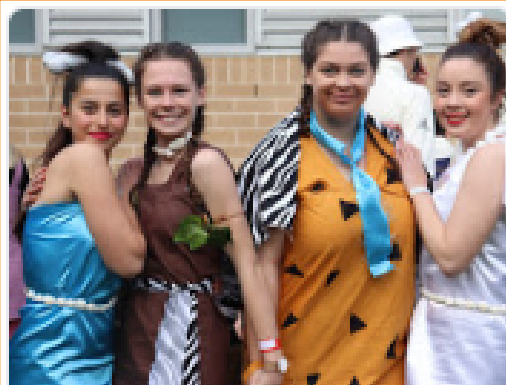
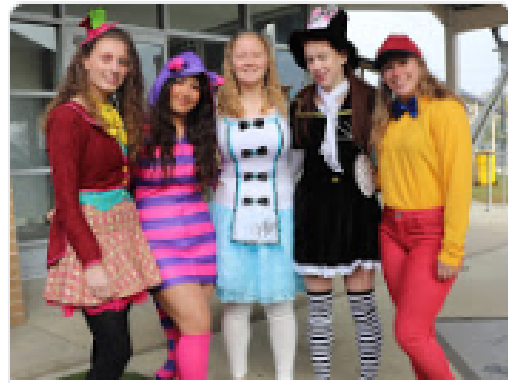
**We wish to thank the following parents and friends
who generously gave of their time to make the
Polding Walk a great success**

*Maree Armstrong, Elizabeth Bennett, Marissa Bugeja,
Kim Cantin, Chris Cantin, Kathryn Cauchi,
Sharon Chapman, Lorraine Dagher, Brett Edwards,
Bernadette Gagan, Shaun Gagan, Melissa Gardner,
Craig Galea, Elba Gomez, Veronica Hicks, Ela Hudson,
Mark Jones, Zephy Mahlis, Lee Mannell, Mardi Mantell,
Josephine Muscat, Helen Muscat, Declan Murphy,
Suzy Nuttall, Adam Ostrowski, Jenny Pitt, Alan Price,
Olivia Portelli, Cherie Stevens, Tracey Sycz, Joedy Reith,
Buffie Tolson, Raeleen Watts, Shane Watts,
Maree Watterson and Janelle Zarb.*





Polding Walk 2018



2018 Polding Walk



PLATINUM SPONSORS

Pitt Town Bottleshop	Eldon St Pitt Town 2756	(02) 4580 9007
ATS Awnings & Additions	Unit 7/11 Robertson Place Jamisontown 2750	0404 471 372
Storm International	Unit 18, 55-61 Pine Road Yennora 2161	02 9681 6875
Plumblogic Plumbing Solutions	3 Sanders Cres Kings Langley 2147	0413 616 140
Programmed Property Services	Unit C/255 Rawson Road Auburn 2144	02 8756 4897
Ridgecom Installations	5/49 Bettington Road Oatlands 2117	0412 400 958
Good Az Gold Coaches	208 Boundary Rd Oakville 2765	(02) 4573 6181
JT Mifsud Electrical Contractors	3/83 Grose St North Parramatta	(02) 9683 6863
McDonalds (Garton Group)	Cnr George Street & Blacktown Rd South Windsor	(02) 4582 0627





GOLD SPONSORS

Brentair Refrigeration & Air Conditioning	37 Shearwater Crescent, Yarramundi 2753	0418 412 808
Bligh Park Dental	48 Rifle Range Rd, South Windsor 2756	02 4577 3344
Bligh Park Butchery	Bligh Park Shopping Centre, Colonial Drive, Bligh Park 2756	02 4572 6513
Chronic Fatigue Syndrome Centre	4a Hutton Street, Charlestown 2290	02 4588 5222
ColosimoTransport	Sydney Markets	
Hawkesbury Fine Dental	8 West Market Street, Richmond 2753	02 4578 1996
Jetman Drycleaning Richmond		
Konica Minolta Business Solutions Aust	4 Drake Ave Macquarie Park 2113	
Mobile Cool Room Hire	Londonderry 2753	0422 187 772
Percy Place Caravan Park	190 Hall Street Pitt Town 2756,	02 4580 9919
Perfecto Quality Food Pty Ltd	56 Edward Street, Riverstone 2765	02 9627 5888
RE Batger	161-165 Magowar Road, Girraween 2145 Website: rebatger.com.au	1300 553 240
Sinclair & Rush		
Superior Construction & Fitout		
T & D Carpet Cleaning		
T H Williams Automotive		
Windsor Glass & Glazing	3/171 Macquarie Street Windsor	(02) 4587 7455

SILVER SPONSORS

Bendigo Bank Richmond	Shop 7-8 Richmond Mall, 271 Windsor Street, Richmond 2753	02 4578 0055
Boost Juice Rouse Hill	10-14 Market Lane Rouse Hill Town Centre, Rouse Hill 2155	0429 655 061
Build By JNH James Hodgson	Glossodia	0417 688 764
Bull Ant Pest Control	Windsor	0420 926 600
Davcon Earthmoving	Londonderry	0409 302 966
Hawkesbury Haulage	Kurmond	(02) 4573 2021
M & N Bricklaying & Scaffolding	Riverstone	0416 266 107
Maloso Pty Ltd	Dural	(02) 9651 4873
Oakville Farm Fresh Harvest	552 Old Pitt Town Road Oakville 2765.	0408 211 416



BRONZE SPONSORS

Aldo's Pizza	1/211 Windsor Road Windsor	(02) 4577 7888
Bligh Bakehouse	1 Sirius Rd, Bligh Park 2756	(02) 4572 7737
Fer-Aim Contracting		
Fixair Pneumatic & General Engineering	4/4 Garling Rd, Kings Park 2148	(02) 9622 8754
JNS Skip Bins	Windsor	0409 002 214
Pitt Town Bakery	5 Eldon Street Pitt Town 2756	(02) 4572 3200
Safe Dig	Maraylya	0415 256 976
Tractor 828	828 Sackville Road Ebenezer	(02) 4572 3200



Assistant Principal Learning and Teaching Report - Mr Rodney Howard

In the student learning reports received at the end of each semester as well as academic results we also report on how students manage their learning particularly for **behaviour** in the classroom, the completion of work on **time** and the bring of **resources** required for learning.

From Semester 2, we will continue to report on these but have added two new dimensions we feel students require for learning not only now at school but for the future either in education or the workforce. Students taking **responsibility** for their learning, making informed choices and using the feedback given by teachers to improve their learning and students **participation** in class, being actively involved and taking initiative in their learning.

I have included a copy of the new criteria below and the students have been given a copy to paste in their diary. Please contact me at the College if you have any questions.

Learning Management Criteria Semester 2, 2018

The student has demonstrated the ability to:

	GRADE E	GRADE D	GRADE C	GRADE B	GRADE A
Responsibility	make choices, complete reflection activities and accept feedback with support	make appropriate choices, ask questions, reflect and accept feedback	make appropriate choices, ask questions, reflect and use some of the feedback provided to improve their learning	make informed choices, ask questions, reflect and use the feedback provided most of the time to improve their learning	make informed choices, ask considered questions, reflect and use the feedback provided at every opportunity to improve their learning
Participation	complete peer and independent learning activities with prompting	complete peer and independent learning activities	be actively involved in most collaborative and independent learning activities	be actively involved in all collaborative and independent learning activities	take the initiative and be actively involved in a range of collaborative and independent learning activities
Behaviour	follow some directions and behave in a safe and respectful manner with regular prompting	follow some directions and behave in a safe and respectful manner with occasional prompting	follow most directions and behave in a safe and respectful manner most of the time	follow directions and behave in a safe and respectful manner the majority of the time	follow directions and behave in a safe and respectful manner to support their learning and the learning of others
Time	complete some learning activities in class and at home with regular prompting	complete some learning activities in class and at home within the designated time frame with occasional prompting	complete most learning activities in class and at home within the designated time frame with occasional prompting	complete most learning activities in class and at home within the designated time frame	complete all learning activities in class and at home within the designated time frame
Resource	bring some of the necessary resources required for learning with regular prompting	bring some of the necessary resources required for learning with occasional prompting	bring most of the necessary resources required for learning with occasional prompting	bring most of the necessary resources required for learning	bring all of the necessary resources required for learning

PRIVACY NOTICE

Information required to determine the *Index of Community Socio-educational Advantage* (ICSEA) for schools

This notice is from the Australian Curriculum, Assessment and Reporting Authority (ACARA), to advise you that ACARA has requested your child's school to provide ACARA with information about you and your child. Your school may disclose to ACARA information such as your child's gender, date of birth, country of birth, background language, residential address, parental occupation and parental education.

This information is disclosed to ACARA under the *ACARA Act 2008* for one or both of the following purposes:

- formulating national reports consisting of aggregated data on school performance; and
- assisting government to formulate policies in relation to education matters.

ACARA will not disclose this personal information to any third party. If you do not want your school to provide this information to ACARA, please advise your school within seven (7) days of receiving this notice.

Further information about ACARA can be obtained from the ACARA website at www.acara.edu.au.

Is it bullying?

A recent article, *Parents need to know: not all unkindness is bullying* by teacher, Braden Bell, highlighted the need for careful consideration of behaviour before jumping to the conclusion that it is bullying.

He points out:

- Bullying is tragically real, with devastating consequences in both the short- and long-term.
- BUT Bullying, by definition, includes an **imbalance of power** (whether it's strength, popularity, or access to information), and is a behaviour **that happens repeatedly** or could be repeated.
- If we write off every unpleasant encounter as bullying, we do not enable our **young people to develop appropriate skills in managing unpleasant situations**. Skilling up young people enables them to develop **resilience**.
- Eileen Kennedy-Moore, an author and clinical psychologist wrote in an article in *Psychology Today*. "Also, **calling every act of meanness bullying sends an unhealthy message: It says to kids, 'You're fragile. You can't handle it if anyone is even slightly unkind to you.'**"
- How do we respond when a child encounters unkindness that isn't bullying? While the answers are as varied as the situations and the children involved, I've found some success with a simple question: **"What are your choices?"** And, as a follow-up, **"What are the likely outcomes of those choices?"**

To access the full article, go to:

<https://www.smh.com.au/lifestyle/life-and-relationships/parents-need-to-know-not-all-unkindness-is-bullying-20180822-p4zz1v.html>

If you have any questions or issues regarding your young person, feel free to contact one of our school counsellors, Debbie Robinson or Sara Kennedy.

TEEN SELF-IMAGE

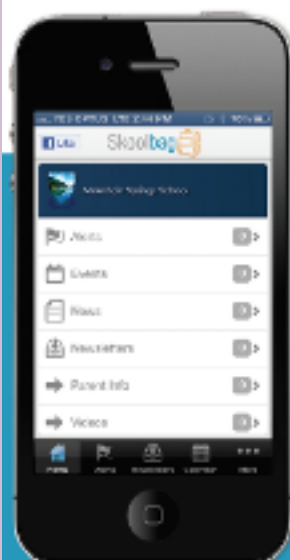
Talking to your teen about their self-image and self-esteem is even more significant given the current cosmetic industry push for young people to go under the needle. REACHOUT offers some useful information on discussing issues such as preventing negative body image and enhancing self-confidence in young people:

Click below for a link to the website



If you would like to discuss any of the issues further, please contact the school counsellors, Debbie Robinson or Sara Kennedy.





Skoolbag



Smartphone school to parent communication

Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)

Skoolbag delivers school notices directly to parents and students



How To Install Skoolbag On Your Smartphone

iPhone & iPad Users

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.




Android Users

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.



Google play

Don't forget to like us on Facebook! 

Find out more at www.skoolbag.com.au

Skoolbag delivers school notices directly to parents and students



Does your child catch a school bus? Help them keep it!

As the bus operator that providing your child's school bus services, we're asking for your help getting your child to use their Opal card on every bus trip.

Since the introduction of the School Opal card in 2016, school bus patronage data has significantly dropped. This is not reflected in the number of students actually travelling on our buses for various reasons a large number of students are consistently not using their Opal cards as they should be.

Opal data gathered by tapping on and off is used by transport planners and service schedulers to design the bus network that best serves the community utilising the resources available.

If students don't tap on and off then school bus services will appear underutilised and may be considered for cancellation based on low passenger numbers.

Please help us reinforce the message that tapping on and off every bus journey with an Opal card is essential to travel on the bus. This will ensure school services continue to be planned for the students that use it, providing the journey to school your children depend on.

To help us achieve this, please talk with your child:

- Ask them if they tap on and off the bus with their Opal card.
- If they do, congratulate them for doing the right thing and talk about why it's important.
- If they sometimes don't or never do, ask them why.
 - Are they confused about why they have to? Talk about why it's important, and that every tap tells the bus planners that the bus is needed.
 - Do they forget? Help them find a way to remember, such as getting into the habit of getting their Opal card out as soon as they arrive at the bus stop or bus line.
 - Is their Opal card at the bottom of their bag? Help find a handier place to keep it.
 - Are they influenced by friends or peers that don't tap? Talk about how they like to travel on the bus with their friends and how tapping is what keeps the service running.
 - Have they lost their Opal card? To order a new Opal card visit www.opal.com.au.

If there's another reason that you'd like to discuss with Busways, please contact us at info@busways.com.au or call our customer service team on **9497 1878** to talk to us. We are happy to listen and do what we can to help your child feel comfortable using their Opal card.

Thank you for helping us to best serve your school community.

Busways Blacktown P/L
ABN 86 000 173 437

T (02) 9625 8900
F (02) 9625 4703
150 Glendenning Rd
Glendenning NSW 2761

Busways Blacktown P/L
Penrith Depot

T (02) 4721 5900
F (02) 4732 6160
47-53 Mullins Rd
Penrith NSW 2750

Busways Blacktown P/L
Windsor Depot

T (02) 4574 9200
F (02) 4577 9054
91 Mulgrave Rd
Mulgrave NSW 2756

Busways Gosford P/L
ABN 79 817 812 619

T (02) 4368 2277
F (02) 4368 2077
42 Empire Bay Dr
Kincumber NSW 2251

Busways Wyong P/L
ABN 17 000 044 725

T (02) 4352 6666
F (02) 4352 5831
9 Arizona Rd
Wongarah NSW 2258

Busways North Coast
P/L
ABN 75 106 202 340

T (02) 6583 2499
F (02) 6583 2388
6-8 Denham St
Port Macquarie NSW 2444



BEDE POLDING COLLEGE CANTEEN MENU



BREAKFAST

EVERYDAY

WHOLE FRUIT PIECES	From	\$1.0
YOGHURT	Various	\$2.0
WATERMELON SALAD	Large	\$4.0
FRUIT SALAD	Fresh Seasonal Fruit Large	\$4.2
MUFFINS & BANANA BREAD	Assorted	\$3.0
TOASTED SANDWICH CO., TOMATO & HOT FOOD		
EGG & CHEESE ROLL	With Sauce	\$3.0
BACON ROLL	With Sauce	\$3.5
EGG & BACON ROLL	With Sauce	\$4.0
CHEESE WRAP		\$2.5
HAM, CHEESE & TOMATO SANDWICH		\$3.0

BREAKFAST BEFORE 9AM

\$5.50

On Campus One
PAST SALAD
WATERMELON SALAD
MILK 300ML
HOT DRINK

CHOOSE ONE
ITEM FROM THE
BREAKFAST SECTION
(SALAD OR FRUIT PIECES)
CHOOSE ONE
HARD-BELOW
FRUIT PIECE
CHOOSE ONE
WATER 300ML
MILK 300ML



FRESH SALADS

EVERYDAY

WATERMELON SALAD	Watermelon, Citrus	\$4.0
FRUIT SALAD	Watermelon, Pineapple, Gel, Orange, Grapes, Kiwi	\$4.2
GARDEN LETTUCE	Tomato, Cress, Cucumber, Red Onion, Lemon Dressing	\$4.5
SWEET CHILLI CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$6.0
CHICKEN CABBAGE	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$6.5
GRAND GARDEN	Avocado, Feta, Cucumber, Gel, Lemon Dressing	\$5.2
SUMMER CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.5
AVOCADO CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.5
GOURMET YOUR WAY	Choose your own salad & dressing	\$5.5
THURSDAY & WEDNESDAY		
CHICKEN PASTA	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.5
ROAST PUMPKIN, BEETROOT & FETTA	Mustard, Lettuce, Tomato, Cress	\$5.5
VIETNAMESE NOODLES	Chicken, Cucumber, Cress, Gel, Lemon Dressing	\$5.5

WRAPS

EVERYDAY

SALAD	Lettuce, Tomato, Cucumber, Cress, Gel, Lemon Dressing	\$4.5
CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.5
SWEET CHILLI CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.5
HAM SALAD	Ham, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.5
CHICKEN CABBAGE	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.5
AVOCADO SALAD	Avocado, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
ROAST BEEF SALAD	Roast Beef, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
CHICKEN, AVOCADO & SALAD	Chicken, Avocado, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.5

WEDNESDAY

CRUNCHY BREAD ROLLS REPLACE WRAPS ON WEDNESDAY
* THE COTTAGE LOAF BAKERY WRAPS (TOMATO & BEEF) ARE AVAILABLE MONDAY & TUESDAY

SANDWICHES

EVERYDAY

EGG & LETTUCE	\$3.50	
SALAD	Lettuce, Tomato, Cucumber, Cress, Gelatin, Red Dressing	\$3.50
CHICKEN, LETTUCE & MAYO	Chicken, Lettuce, Tomato, Cress, Gelatin, Mayo	\$3.50
HAM, CHEESE & TOMATO	Ham, Cheese, Tomato, Cress, Gelatin, Mayo	\$3.50
CHICKEN, CHEESE & TOMATO	Chicken, Cheese, Tomato, Cress, Gelatin, Mayo	\$3.50
HAM SALAD	Ham, Lettuce, Tomato, Cress, Gelatin, Mayo	\$4.00
SWEET CHILLI CHICKEN, LETTUCE & MAYO	Chicken, Sweet Chilli, Lettuce, Tomato, Cress, Gelatin, Mayo	\$4.00
FIFTY FIFTY	Half of the other items of the Sandwich	\$4.00
B.L.T.	Bacon, Lettuce, Tomato, Cress, Gelatin, Mayo	\$4.00
TUNA	Tuna, Lettuce, Tomato, Cress, Gelatin, Mayo	\$4.00
ROAST BEEF SALAD	Roast Beef, Lettuce, Tomato, Cress, Gelatin, Mayo	\$4.00

CRUNCHY ROLLS

WEDNESDAY

SALAD	Lettuce, Tomato, Cucumber, Cress, Gel, Lemon Dressing	\$4.5
PULLING BEEF	Beef, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
EGG & LETTUCE	Egg, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
AVOCADO SALAD	Avocado, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
CHICKEN SALAD	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
CHICKEN SCHNITZEL	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
HOT N SPICY CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
HAM & SALAD	Ham, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
ROAST BEEF SALAD	Roast Beef, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
SWEET CHILLI CHICKEN	Chicken, Sweet Chilli, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
CHICKEN, LETTUCE & MAYO	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0



\$5

EVERYDAY SANDWICH DEAL

CHOOSE ANY \$3.60 SANDWICH
AND WATER 300ML

\$5.50 IF YOU CHOOSE A \$4 SANDWICH



PIZZA

MONDAY

CHEESE	Cheese & Sauce	\$3.0
PEPPERONI	Cheese, Pepperoni & Sauce	\$4.0
BBQ CHICKEN	Chicken, BBQ Sauce, Cheese	\$4.5
VEGETARIAN	Vegetables, Cheese, Sauce	\$4.0

SUBS

TUESDAY

SWEET CHILLI CHICKEN	Chicken, Sweet Chilli, Cheese, Sauce	\$3.5
CHICKEN & GRUYERE	Chicken, Gruyere, Cheese, Sauce	\$3.5
MEXICAN	Beef, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.0

RICE PAPER ROLLS

WEDNESDAY

CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.0
SWEET CHILLI	Chicken, Sweet Chilli, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.0
TUNA	Tuna, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.0
VEGETARIAN	Vegetables, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.0

HOT BITES

HOT BITES	
Subway	
SPICY CHICKEN WINGS	\$ 1.20
GARLIC BREAD	\$ 2.00
POTATO WINGS	\$ 3.00
CUP OF NOODLES Tom/Tur Chicken Beef Vegetable	\$ 3.00
SUBSARE ROLL	\$ 3.00
MILK PIE	\$ 3.50
CHEESE & SPINACH ROLL	\$ 4.00
POTATO PIE	\$ 4.20

THURSDAY & WEDNESDAY

SWEET CHILLI CHICKEN TENDER	or 3 skewers	\$1.7
THURSDAY & WEDNESDAY		
CHICKEN NOODLES x3	with vegetable	\$3.0

BURGERS

EVERYDAY		
CHEESEBURGER	Mustard, Cheese, Tomato Sauce	\$4.5
AVOCADO BEEF	Lettuce, Tomato, Avocado, Hot Sauce	\$4.5
EVERYDAY (Choose one & Drink any 100ml Soft Drink)		
CHICKEN	Beef, Lettuce, Mayo	\$4.0
HOT N SPICY CHICKEN	Spicy Sauce, Beef, Lettuce, Hot Sauce	\$4.0
THURSDAY		
SWEET CHILLI	Beef, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.0
BEEF, BACON & CHEESE	Beef, Bacon, Cheese	\$5.4
FRIDAY		
PIZZA MELT	Lettuce, Tomato, Cheese, Sauce	\$4.5
CHICKEN CABBAGE	Beef, Lettuce, Bacon, Lettuce, Cheese, Sauce	\$5.4

SNACK PACKS & KEBABS

EVERYDAY		
SPICY CHICKEN WINGS & WEDGES	Vegetable	\$6.0
MONDAY & TUESDAY		
CHICKEN SCHNITZEL SNACK PACK	Hot Sauce, Onions	\$6.0
THURSDAY & FRIDAY		
DOHNA SNACK PACK	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$6.0
DOHNA KEBAB	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$6.0
FRIDAY		
PIZZA SNACK PACK	Beef, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$6.0

PASTA - RICE - NOODLES

EVERYDAY		
CHICKEN CHICKEN PASTA	Beef \$3.0	Large \$4.0
BUTTER CHICKEN	Hot Sauce, Rice	Large \$5.0
MONDAY		
LASAGNA	Hot Sauce, Beef, Sauce	Large \$5.0
TUESDAY		
BOLOMONE PASTA	Hot Sauce, Beef, Sauce	Large \$3.0
LASAGNA	Hot Sauce, Beef, Sauce	Large \$5.0
WEDNESDAY		
MACARONI & CHEESE		Large \$4.0
BOLOMONE PASTA	Hot Sauce, Beef, Sauce	Large \$3.0
THURSDAY		
PUMPKIN OF THE WORLD	Hot Sauce, Beef, Sauce	Large \$5.0
FRIDAY		
BOLOMONE PASTA	Hot Sauce, Beef, Sauce	Large \$3.0
PUMPKIN OF THE WORLD	Hot Sauce, Beef, Sauce	Large \$5.0

MEXICAN

BEF NACHOS	Beef, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0
VEGETARIAN NACHOS	Beef, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$5.0

TOASTED WRAPS

CHICKEN & CHEESE	Hot Sauce	\$4.5
SWEET CHILLI CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, Lemon Dressing	\$4.5

DRINKS

EVERYDAY

Water	100ml	\$2.0
OAK FLAVOURED MILK	100ml	\$2.4
OAK FLAVOURED MILK	100ml	\$2.8
ICE COFFEE	100ml	\$4.0
ROSE COFFEE	100ml	\$2.4
ROSE COFFEE	100ml	\$2.4
LYN W/GO	100ml	\$2.4
APPLE JUICE	100ml	\$3.0
ORANGE JUICE	100ml	\$3.0
MILKAL WATER	100ml	\$3.0
ALOE VERA	100ml	\$3.0
ICE TEA	100ml	\$3.0
PINEAPPLE	100ml	\$4.0
SOFT DRINK	100ml	\$4.2
POMEGRANATE	100ml	\$4.2

EFTPOS IS AVAILABLE HERE

Gregory's Service Debit / Credit Tap & Go
 Fee: 2.2 Cents Fee: 2.45% Fee: 1.1 Cents
 No Monthly No Monthly \$3.95 Monthly

Bede Polding Uniform Price List					
Junior Girls			Senior Girls		
Summer			Summer		
Summer Dress	\$60.00		Navy Blue Skirt	\$60.00	
Sky Anklets	\$ 6.00		Short Sleeve Blouse	\$35.00	
Winter			Winter		
Junior Girls Blazer	\$150.00		Senior Girls Blazer	\$150.00	
Winter Skirt	\$ 51.00		Navy Scarf	\$15.00	
Short Sleeve Shirt	\$ 27.00		Navy Stockings	\$ 8.00	
Maroon Tie	\$ 15.00		White Anklets	\$ 6.00	
Black Stockings	\$ 8.00				
Junior Boys			Senior Boys		
Summer			Summer		
Short Sleeve Shirt	\$27.00		Striped Shirt	\$35.00	
Navy Shorts	\$40.00		Navy Shorts	\$40.00	
Navy Trousers	\$46.00		Navy Trousers	\$46.00	
Navy Socks	\$ 6.00		Navy Socks	\$ 6.00	
Winter			Winter		
College Blazer	\$150.00		College Blazer	\$150.00	
Navy Striped Tie	\$ 15.00		Navy Tie	\$ 15.00	
Junior Unisex			Senior Unisex		
Maroon Jumper	10-16	\$66.00	Navy Jumper	10-16	\$66.00
	18-22	\$70.00		18-22	\$70.00
	24-26	\$77.00		24-26	\$77.00
	28-30	\$84.00		28-30	\$84.00
Sports Uniform			Accessories		
College Polo	\$40.00		School Bag	\$70.00	
College Shorts	\$30.00		Belt (Black)	\$13.00	
Sports Cap	\$13.00		Aprons	\$10.00	
Sports Socks	\$ 8.00		Safety Goggles	\$ 6.00	
Tracksuit Top	\$75.00		Drawstring Bag	\$ 5.00	
Tracksuit Pants	\$45.00		Navy Umbrella	\$12.00	
			Calculator	\$26.00	
			Cooking Hat	\$ 5.00	
			Year 7 Book Pack	\$40.00	
			Year 8 Book Pack	\$40.00	
			Maroon Gloves	\$ 5.00	
			A4 Art Diary	\$ 8.00	
			11x14 Art Diary	\$12.00	
			A4 Visual Journal	\$14.00	
			2 Piece Brush Set	\$ 8.00	
			Year 9 Art Pack	\$40.00	
Terms of Trade: Cash, cheque, Mastercard, Visa and EFTPOS accepted.					

IMPORTANT NOTICES:

Illegal Stopping in Tasman Place

This has been reported to police who will issue penalty notices to those offending.

Illegal U Turn:

All parents and students are warned that making a U turn out of the bus bay on Rifle Range Rd is illegal. We bring this to your attention as making this turn is very unsafe, even when the 40kmh limit applies. Please **do not** make this turn.

Recharging Mobile Devices:

All students are asked to ensure that their mobile devices are fully charged before they arrive at the College each day.

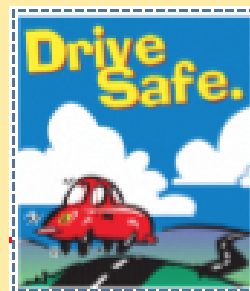
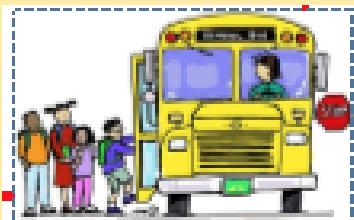


IMPORTANT NOTICE TO MOTORISTS

RE: SCHOOL BUS ZONES IN RIFLE RANGE ROAD

Please be aware that the School Bus Zones in Rifle Range Road are as follows:

1. The existing bus bay near the main car park gate is now a School Bus Zone on School Days from 8:00am-9:30am and 2:30pm-4:00pm. Therefore other than buses - any vehicle parking or stopping in this bus bay for any purpose during these times is doing so illegally. Clear signage has been erected reading "**NO ENTRY - BUSES EXCEPTED**" to warn motorists of this change.
2. The former School Bus Zone located near the Front Gate has been converted to a Full Time Bus Zone. Clear signage has been erected to warn motorists of this change. Therefore other than buses, any vehicle parking or stopping for any purpose in the School Bus Zone at any time, is doing so illegally.



IMPORTANT NOTICE FOR DROP OFF/PICK UP

For safety reasons parents are asked NOT to drive onto the school grounds to drop off or pick up students before 9:30am and after 2:30pm.

The ONLY EXCEPTION to this is for students with disabilities.

Thank you

IMPORTANT NOTICES - SMS ABSENCES

If your child is absent from school for any length of time and you do not receive an SMS message from the College please provide a note the first day back at school giving the date(s) and reason why your child was absent which should be given to their Homeroom teacher on the day of return.

On occasion it is out of our control that we experience an Internet or Telstra problem and therefore we are unable to send out the SMS absence messages.

Thank you for your patience.



Reminder of how to reply to SMS Absence messages

If you reply to the SMS message there is no need to send in a note to explain the absence -the SMS is sufficient. If you do not reply a note must be sent in with your child and given to their homeroom teacher on the day of return. In your SMS reply please include the following details:

Child first and surname, Year group and homeroom (if known), **reason for absence.**

Examples:

Kylie Howard, 8D2, sick with a cold.

Nikki Howard ,11, orthodontist appointment

PLEASE NOTE THAT IT IS VERY IMPORTANT THAT YOU GIVE REASON FOR ABSENCE. We are still receiving replies without providing a reason for absence. In these cases it is still an unexplained absence and will remain outstanding.

Please do not call the number sent in the SMS, it is only for SMS replies.

The replies are not downloaded till 1:00pm daily, so if, you need to clarify any details concerning your child's attendance please call the College office before 1pm on
4560 2900

ASSESSMENT TASK CALENDAR

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 7 Term 3

7A		Monday	Tuesday	Wednesday	Thursday	Friday
		3 Sept	4 Sept	5 Sept	6 Sept	7 Sept
12	ATD					VET Construction (S)
11	ATD	Assessment Free	Assessment Free	Assessment Free	Assessment Free	Assessment Free
10	ATD					
9	ATD					
8	ATD					
7	ATD					

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 8 Term 3

8B		Monday	Tuesday	Wednesday	Thursday	Friday
		10 Sept	11 Sept	12 Sept	13 Sept	14 Sept
12	ATD					
11	ATD	Exams	Exams	Exams	Exams	Exams
	COR					
10	ATD	Music (IC)		Geography (IC) History (S) Music (IC)	Religious Ed (IC)	English (S) PASS (S)
9	ATD					
8	ATD					
7	ATD					

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 9 Term 3

9A		Monday	Tuesday	Wednesday	Thursday	Friday
		17 Sept	18 Sept	19 Sept	20 Sept	21 Sept
12	ATD					
11	ATD	Exams	Exams		Exploring Early Childhood (IC) P4/5	
10	ATD	PMD (IC)		History (S)		History E1 (S)
9	ATD					
8	ATD					
7	ATD					

PLEASE NOTE:

In the case of any discrepancy in the assessment dates published here the date that will be used by the College in the event of any appeal or other process will be the date on the Assessment Task Cover Sheet provided directly to the student. Please contact the College if you have any concerns about any of the information published here.