

# THE GOOD SAMARITAN

"Called To Bring Peace"

## Bede Polding College

Email address: [BedePolding@parra.catholic.edu.au](mailto:BedePolding@parra.catholic.edu.au)

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Phone: 4560 2900 Fax: 4560 2999

Newsletter: 8th February 2019 Week 2 Term 1



## CALENDAR

### FEBRUARY (TERM 1)

- 11th** Yr 11 Information Night 7:00pm
- 12th** Staff Meeting (9:30am late start)
- 18th** Yr 10 Information Night 7:00pm
- 22nd** Swimming Carnival
- 26th** Yr 7 Information Night

### MARCH

- 4th** Staff Development day
- 5th—8th** Catholic Schools Week
  - School tour for current year 7 parents
- 5th** School Tour for Prospective Parents 2020
  - Between 3:30 - 5:00pm
- 6th** Ash Wednesday
- 8th** Round 1 Public Speaking
- 12th** Staff Meeting (9:30am late start)
- 13th** P&F Meeting 7:00pm
- 15th** Round 2 Public Speaking

## PRINCIPAL'S DESK

Dear Parents, Guardians, Students, Staff and Friends of Bede Polding College,

For those returning to Bede Polding in 2019 I hope that it will be a wonderfully positive, enriching and fulfilling year for your sons and daughters and for the community at large. For those who are new to our College this year, especially the Year 7 students who commence their learning journey with us, I offer a very warm welcome to this great College. I know that new staff and students alike will soon be made to feel like they really belong here. In my first weeks at Bede Polding I have been overwhelmed by how ready people are to introduce themselves, offer a word of welcome and to extend the hand of friendship. It is a testament to the culture of a school when these things occur naturally and authentically.

My arrival signals a change in the Principalship and I welcome onto the College Executive Mr Paul Samoluk as the Administration Coordinator, and Mrs Tracey Johnson as the Case Management Coordinator. I will do my utmost as incoming Principal to ensure that the traditions, history and positive culture of Bede Polding College are maintained and enhanced. It is a College animated by wonderful staff and students. My prayer as we commence this year of faith and learning is for all members of the Bede Polding community; that we work together for the benefit of the students in our care. There are a number of new staff who have commenced this year and we welcome them to the College. I know that they will soon feel at home. The past two weeks have been busy and I am pleased to report that the start of the academic year has been most positive. Thank you again for the welcome to the College. I look forward to meeting parents and friends of the College in the coming weeks and months. Please come and introduce yourself to me as you see me around the College.

Mark Compton

Principal

# College Leadership Teams

## ~ Executive ~

### ***Principal***

Mr Mark Compton

### ***Assistant Principals***

Mr Rodney Howard / Harry Fernandez

### ***Religious Education Coordinator***

Mr Joshua Rodricks-Testa

### ***Business Manager***

Mr Paul Cruise

### ***Administration Coordinator***

Mr Paul Samoluk

### ***Principals Assistant***

Mrs Deanna Melbin / Mrs Lisa Casey

### ***Diversity and Case Management Coordinator***

Mrs Tracey Johnson

## ~ Curriculum Forum & Assistants ~

### ***Creative Arts***

Miss Angela Rando / Assistant: Mr Bradley Lee

### ***English***

Miss Angela McEneaney/Acting Assistant: Mrs Melina Jamhour

### ***Human Society & Its Environment***

Mr Paul Sykes / Assistant: Mr Brett Windon

### ***Lote***

Miss Kelly Bourke

### ***Mathematics***

Mrs Anni Brailey / Assistant: Mrs Despina Wealth

### ***Religious Education***

Mr Joshua Rodricks-Testa / Assistant: Mr Michael Aure

### ***PDHPE***

Mr Marc Sluiter / Assistant: Liam Campbell

### ***Post Compulsory & Careers***

Mr Brett Collimore

### ***Science***

Mr David Rowsell / Assistant: Mr Steve Lans

### ***Learning Technologies Coordinator***

Mr Matthew Kneller

### ***Diversity Case Management***

Mrs Tracey Johnson / Assistant: Jessica Camilleri

### ***Sports Coordinator***

Mr Dean Bertenshaw

### ***Technology & Applied Studies***

Mr Edward Gruppetta / Mrs Lisa Cummins

### ***Year Coordinators:***

***Year 7*** Mr Jeremy Tuano

***Year 8*** Mr Matthew Marshall

***Year 9*** Mr Craig Adams

***Year 10*** Mrs janette Wick

***Senior Coordinator*** Mr Nicholas Briffa

### ***Home-School Liaison Coordinator***

Miss Jenny Woods

### ***Student Counsellors***

Ms Debbie Robinson & Ms Kathryn Rogers

### ***Librarian***

Mrs Kerrie Brownscombe

## Principal's Address at the Year 7 Welcome Assembly

What a significant occasion we celebrate today; to welcome, in a special way, our newest members of the community.

We just heard the Gospel reading from Luke. My question to you is: "Who was/is the good Samaritan?" This morning I could talk about:

- that we read the parable of the Good Samaritan in this the Good Samaritan Hall
- how the Gospel of Luke is my favourite. He is one of the synoptic gospel writers and, as you know, he is also referred to as an evangelist as he took forward the word of Christ
- why I like Luke ...he writes to the Gentiles, the non-churched, and as such does not use church language that was only understood by the Jews

Or if we were to focus on the parable itself I could talk about:

- the main characters...the Jewish Priest, the Jewish Levite or even the Samaritan
- the geography of the story - the road from Jerusalem to Jericho which is also known as the 'blood pass' or 'way of blood' - it was a treacherous piece of road. To understand the story we need to contextualise it in the time of which it was written. So the story goes...The priest sees a man in need and walks the other way. So too does the Levite. But the Samaritan - from Samaria who was despised by the Jews helps the man, takes him to the Inn and even pays for him to be looked after.

I do not wish to speak about any of this. Rather, what does the parable mean in today's world? In reality, the chances of me walking from Jerusalem to Jericho this year are slim at best. This morning I would rather offer this modern day interpretation of the Gospel of the Good Samaritan.

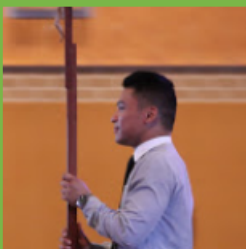
I have 3 children - Joshua 15, Gabriella 13 and Lachlan 10. Just recently we went for a birthday dinner at a pizza restaurant. They do metre long pizzas which are great. We had a good deal of pizza left over and at the end of the meal my sons asked if it could go in a box to take home. Who does not love cold pizza the next day! I was thinking fantastic. We can take it home, I can wrap in some cling wrap and they each could have pizza for lunch, and I was rejoicing in the fact that I did not need to make sandwiches. As we walked from the restaurant to the car we passed a homeless man. I tried to avoid eye contact. I did not have any money and I felt a little threatened to be honest. We walked past. As we got about 15 metres past my daughter said "dad, can we give him some money? He looks sad." I said, "Darling, I don't have any money." She replied, "Then let's give him the pizza". I immediately thought about lunch and what that would mean for me. At that moment, I was the Levite, I was being selfish and self-centred. Gabriella then said "dad, let me give him the pizza, he needs it more than us." At that moment, in my fragility and my failing, I was learning from a 13 year old about the message of the Gospel. A simple act of giving, of selflessness and other person centeredness. When she gave him the pizza his eyes lit up. There was no need for any words.

Who are the good Samaritans in our world today? We are you and me!

When we pray the prayer of peace, when we ask the Lord to make us an instrument of his peace... we are praying to be good Samaritans. "Where there is darkness let there be light. Where there is sadness let there be joy.

Each time we gather... take note of the banner that adorns the Hall ... "We are called to bring Peace".

John Bede Polding, pray for us.







From the Assistant Principal – Pastoral Care

I would like to extend a very sincere personal welcome to all parents and students for the new year.

I am writing to address a couple of important school matters that require your cooperation.

Firstly I want to emphasize to all students and parents the importance of every student attending school every single day of the year.

There is sufficient research to clearly show that students who regularly attend school achieve better academic results and are more likely to succeed not only at school but in their career and life choices than students who are absent from school.

As a school, we are asking all parents to support us in getting your child to school punctually every day of the year.

We have introduced a number of initiatives to help students monitor and improve their attendance at school.

Some of these include:

- Student self-tracking sheets: Students are to keep track of their attendance every week. At the end of every 5 weeks, tallies will be checked by Homeroom staff and any student that has not met at least 90 % attendance over that period of time will engage with either their Homeroom teacher or their Year Coordinator with a view to helping them improve their attendance at school. Genuine illness that is serious enough for a student to miss days at school will be taken into consideration but they would need to be genuine cases or reasons.
- Recognition and rewards for students that go through a whole year without missing a day at school. Students that achieve 100 % attendance will be acknowledged at the end of the year and rewarded in some significant way for this achievement.

Every single day counts and we rely heavily on parental support to get your students to school every day.

Requests for Leave for family holidays during the year will be given very careful consideration and parents are urged to try not to plan family holidays such as cruises during school time. While this may be financially attractive, it comes at a cost to your child's learning and prospects in terms of their long term future.

At this point, I would like to inform parents that we have introduced a new system for recording student attendance. While in the long term this will be a very efficient system, there have been some teething problems one of which is that we are not able to send SMS messages to parents asking for explanations of absences via this medium.

As such, we ask that should your child be absent on any particular day, you please provide a written note of explanation that your child can give to their Homeroom teacher on the day they return to school.

Our Pastoral Coordinators in all Year Groups will be monitoring attendance very closely in the hope that we can see improvement in the rates of attendance of all students at the College.

The second item relates to our Staff Meetings that happen once every three weeks. These meetings take place from 8.00 a.m. to 9.30 a.m. and students are not expected at school until 9.30 a.m. for a 9.45 a.m. start to Homeroom.

Supervision is provided at school from 8.00 a.m. for students that have to be dropped off at school in the morning or catch a bus to school.

**All students are to remain in the school grounds until the start of Homeroom.**

We have had groups of students either from the neighborhood or otherwise going to the nearby MacDonalds Restaurant on George Street before coming to school in time for the start of Homeroom.

We ask you to strongly discourage your child from going there due to safety concerns with students trying to cross the road with constant and very heavy traffic travelling in both directions.

We would appreciate your support in this matter as there is a very high risk of accidents with students trying to dash across the street to get through the heavy traffic.

Thanking you and wishing you all a great year.

Harry Fernandez



A student of STEAM is a risk taker, experimenter, problem solver, collaborator and they engage, persist and embrace the learning process.

SOUND LIKE YOU? STEAM will be running during sport in 2019

Join the classroom for permission slips and more information [2k44cj](#)

**STEAM PUNK girls:** Are you a girl interested in engineering, coding, science? We will be running STEAMPunk girls on Thursday too. This will be a girls only STEAM collective-a program designed with UTS. JOin the classroom to find out more. [2k44cj](#)

## School Fees 2019

The Term 1 school fees will be issued within the coming weeks with the Due Date of Fees being **20th March 2019 - unless a payment arrangement has been established.**





# TOPS:

Therapist-assisted Online  
Parenting Strategies

## What is the research about?

The research aim is to evaluate whether our new program, TOPS (Therapist-assisted Online Parenting Strategies) can help parents to support their adolescents who are experiencing anxiety and/or depression.

## What is involved?

- Participation only takes a few hours over 12 months
- You & your adolescent complete online surveys at 4 time-points: when you first register, before starting the program, and 4 & 12 months afterwards

## You receive:

- Access to an individually tailored online parenting program
- Practical strategies to parent more confidently
- Tailored goals to help put these strategies into practice
- Regular contact with a TOPS-coach via videoconferencing to help you apply strategies to your own situation

*To say thank-you, you & your teen will each receive e-vouchers over 4 time points (worth up to \$50 in total per person)*

## Who can participate?

Parents or legal guardians with their adolescent (aged 12-17 years):

- The adolescent needs to be receiving treatment for anxiety &/or depression from a mental health professional/service
- Have internet access, & consider themselves proficient in English

## Interested?

For further information or to register, please click here:

[bit.ly/TOPSmain](https://bit.ly/TOPSmain) or contact the TOPS team by email at: [med-tops.coach@monash.edu](mailto:med-tops.coach@monash.edu)



Help your teen  
manage anxiety,  
depression, & sleep  
problems

An online tailored  
parenting program

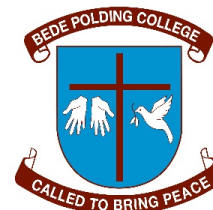
Weekly coaching via  
videoconference

Access the program  
anytime & anywhere

This study is being undertaken by Monash University, led by Associate Professor Marie Yap, and has been approved by the Monash University Human Research Ethics Committee.



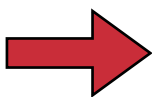
## LEARNING DEVICE POLICY 2019



As outlined in the [Letter to Parents](#) that was distributed Friday Week 9 Term 3, iPhones (or any other mobile phone) cannot be used as learning devices in 2019.

It will be an expectation from the start of 2019 that **all students in Year 7 to Year 12** will need to bring one of the following as their learning device

- Windows Laptop,
- Apple Macbook,
- Google Chromebook
- **Please Note** - students with existing **iPads** can continue to use these but new iPads should not be purchased as a learning device, as they are still often used inappropriately and limit the development of students typing and information technology skills



[Click Here](#) for specific device requirements and preferred suppliers.

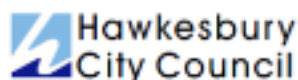
[Click Here](#) for the Letter to Parents

[Click Here](#) for the Device Requirements Checklist





The Hawkesbury Community Recycling Centre is now **open!** You can drop off paint, gas bottles, batteries, motor oils, smoke detectors and fluoro lights for free. The Community Recycling Centre is open 7 days a week, 8am-4pm and is located at Hawkesbury City Waste Management Facility, 1 The Driftway, South Windsor.



## Community Recycling Centres

### Waste matters

Drop off your household problem waste for recycling

**FREE  
SERVICE**

You can drop off:

		
Gas bottles	Fire extinguishers	Paint
		
Fluoro globes and tubes	Car batteries	Household batteries
		
Motor oils	Other oils	Smoke detectors

Only household quantities accepted 25kg or 20L maximum container size. Please transport your materials carefully. Dangerous goods and items other than those listed will not be accepted.

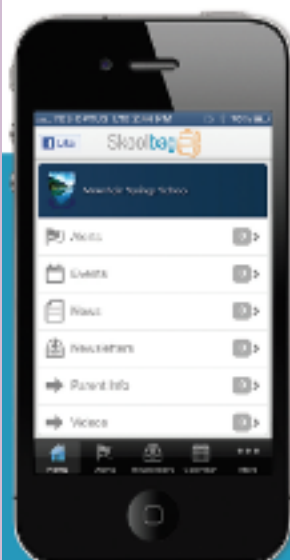
**Your Community Recycling Centre is located at:**  
**Hawkesbury City Waste Management Facility**  
**1 The Driftway, South Windsor**

**Hours: 8am-4pm, 7 days a week**  
**(excluding Public Holidays)**

**For more information call**  
**Hawkesbury City Council on (02) 4560 4444 or visit**  
**[www.epa.nsw.gov.au/recyclingcentres](http://www.epa.nsw.gov.au/recyclingcentres)**

Bede Polding Uniform Price List					
Junior Girls			Senior Girls		
Summer			Summer		
Summer Dress	\$60.00		Navy Blue Skirt	\$60.00	
Sky Anklets	\$ 6.00		Short Sleeve Blouse	\$35.00	
Winter			Winter		
Junior Girls Blazer	\$150.00		Senior Girls Blazer	\$150.00	
Winter Skirt	\$ 51.00		Navy Scarf	\$15.00	
Short Sleeve Shirt	\$ 27.00		Navy Stockings	\$ 8.00	
Maroon Tie	\$ 15.00		White Anklets	\$ 6.00	
Black Stockings	\$ 8.00				
Junior Boys			Senior Boys		
Summer			Summer		
Short Sleeve Shirt	\$27.00		Striped Shirt	\$35.00	
Navy Shorts	\$40.00		Navy Shorts	\$40.00	
Navy Trousers	\$46.00		Navy Trousers	\$46.00	
Navy Socks	\$ 6.00		Navy Socks	\$ 6.00	
Winter			Winter		
College Blazer	\$150.00		College Blazer	\$150.00	
Navy Striped Tie	\$ 15.00		Navy Tie	\$ 15.00	
Junior Unisex			Senior Unisex		
Maroon Jumper	10-16	\$66.00	Navy Jumper	10-16	\$66.00
	18-22	\$70.00		18-22	\$70.00
	24-26	\$77.00		24-26	\$77.00
	28-30	\$84.00		28-30	\$84.00
Sports Uniform			Accessories		
College Polo	\$40.00		School Bag	\$70.00	
College Shorts	\$30.00		Belt (Black)	\$13.00	
Sports Cap	\$13.00		Aprons	\$10.00	
Sports Socks	\$ 8.00		Safety Goggles	\$ 6.00	
Tracksuit Top	\$75.00		Drawstring Bag	\$ 5.00	
Tracksuit Pants	\$45.00		Navy Umbrella	\$12.00	
			Calculator	\$26.00	
			Cooking Hat	\$ 5.00	
			Year 7 Book Pack	\$40.00	
			Year 8 Book Pack	\$40.00	
			Maroon Gloves	\$ 5.00	
			A4 Art Diary	\$ 8.00	
			11x14 Art Diary	\$12.00	
			A4 Visual Journal	\$14.00	
			2 Piece Brush Set	\$ 8.00	
			Year 9 Art Pack	\$40.00	
Terms of Trade: Cash, cheque, Mastercard, Visa and EFTPOS accepted.					





# Skoolbag

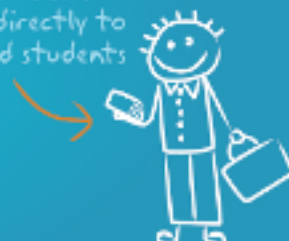


Smartphone school to parent communication

Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)

Skoolbag delivers school notices directly to parents and students



## How To Install Skoolbag On Your Smartphone

### iPhone & iPad Users

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.




### Android Users

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.



Google play

Don't forget to like us on Facebook! 

Find out more at [www.skoolbag.com.au](http://www.skoolbag.com.au)

Skoolbag delivers school notices directly to parents and students



## Does your child catch a school bus? Help them keep it!

As the bus operator that providing your child's school bus services, we're asking for your help getting your child to use their Opal card on every bus trip.

Since the introduction of the School Opal card in 2016, school bus patronage data has significantly dropped. This is not reflected in the number of students actually travelling on our buses for various reasons a large number of students are consistently not using their Opal cards as they should be.

Opal data gathered by tapping on and off is used by transport planners and service schedulers to design the bus network that best serves the community utilising the resources available.

If students don't tap on and off then school bus services will appear underutilised and may be considered for cancellation based on low passenger numbers.

Please help us reinforce the message that tapping on and off every bus journey with an Opal card is essential to travel on the bus. This will ensure school services continue to be planned for the students that use it, providing the journey to school your children depend on.

To help us achieve this, please talk with your child:

- Ask them if they tap on and off the bus with their Opal card.
- If they do, congratulate them for doing the right thing and talk about why it's important.
- If they sometimes don't or never do, ask them why.
  - Are they confused about why they have to? Talk about why it's important, and that every tap tells the bus planners that the bus is needed.
  - Do they forget? Help them find a way to remember, such as getting into the habit of getting their Opal card out as soon as they arrive at the bus stop or bus line.
  - Is their Opal card at the bottom of their bag? Help find a handier place to keep it.
  - Are they influenced by friends or peers that don't tap? Talk about how they like to travel on the bus with their friends and how tapping is what keeps the service running.
  - Have they lost their Opal card? To order a new Opal card visit [www.opal.com.au](http://www.opal.com.au).

If there's another reason that you'd like to discuss with Busways, please contact us at [infoline@busways.com.au](mailto:infoline@busways.com.au) or call our customer service team on **9497 1878** to talk to us. We are happy to listen and do what we can to help your child feel comfortable using their Opal card.

**Thank you for helping us to best serve your school community.**

Busways Blacktown P/L  
ABN 86 000 173 437

T (02) 9625 8900  
F (02) 9625 4703  
150 Glendenning Rd  
Glendenning NSW 2761

Busways Blacktown P/L  
Penrith Depot

T (02) 4721 9900  
F (02) 4732 6160  
47-53 Mullins Rd  
Penrith NSW 2750

Busways Blacktown P/L  
Windsor Depot

T (02) 4574 9200  
F (02) 4577 9054  
91 Mulgrave Rd  
Mulgrave NSW 2756

Busways Gosford P/L  
ABN 79 817 812 619

T (02) 4388 2277  
F (02) 4388 2077  
42 Empire Bay Dr  
Kincumber NSW 2251

Busways Wyong P/L  
ABN 17 000 044 726

T (02) 4392 6666  
F (02) 4392 5831  
9 Arizona Rd  
Woongaharra NSW 2259

Busways North Coast  
P/L  
ABN 75 106 202 340

T (02) 6583 2499  
F (02) 6583 2388  
6-8 Denham St  
Port Macquarie NSW 2444



# BEDE POLDING COLLEGE CANTEEN MENU



## BREAKFAST

EVERYDAY

WHOLE FRUIT PIECES	From \$1.0
YOGHURT	From \$2.0
WATERMELON SALAD	Large \$4.0
FRUIT SALAD	Fresh Seasonal Fruit Large \$4.2
MUFFINS & BANANA BREAD	Assorted \$3.0
TOASTED SANDWICH CO., WRAPS & HOT FOOD	
EGG & CHEESE ROLL	With Sauce \$3.0
BACON ROLL	With Sauce \$3.5
EGG & BACON ROLL	With Sauce \$3.5
CHEESE WRAP	\$2.5
HAM, CHEESE & TOMATO SANDWICH	\$3.0

## BREAKFAST BEFORE 9AM

**\$5.50**

On Campus One  
PAST SALAD  
WATERMELON SALAD  
MILK 300ML  
FROM 1000H

CHOOSE ONE  
ITEM FROM THE  
BREAKFAST SECTION  
(SALAD OR FRUIT PIECES)  
CHOOSE ONE  
HARD-BELOW  
FRUIT PIECE  
CHOOSE ONE  
WATER 300ML  
MILK 300ML



## FRESH SALADS

EVERYDAY

WATERMELON SALAD	Watermelon, Citrus \$4.0
FRUIT SALAD	Watermelon, Pineapple, Gel, Orange, Grapes, Seasonal \$4.2
GARDEN LETTUCE	Seasonal, Grapes, Guacamole, Tomato, Red Onion, Lemon Dressing \$4.5
SWEET CHILLI CHICKEN	Chicken, Lettuce, Tomato, Grapes, Guacamole, Citrus Dressing \$5.0
CHICKEN CAESAR	Chicken Breast, Lettuce, Egg, Grapes, Cheese, Dressing \$5.5
GRAND GARDEN	Assorted, Fresh, Grapes, Seasonal \$5.2
SUMMER CHICKEN	Chicken Breast, Red, Grapes, Seasonal \$5.5
AVOCADO CHICKEN	Chicken Breast, Avocado, Grapes, Seasonal \$5.5
GOURMET YOUR WAY	Choose your meat & sauce \$5.5
THURSDAY & WEDNESDAY	
CHICKEN PASTA	Chicken Breast, Grapes, Pasta \$4.5
ROAST PUMPKIN, BEETROOT & FETTA	Mixed Lettuce, Red Onions \$5.5
VIETNAMESE NOODLES	Chicken, Grapes, Cheese, Dressing \$5.5

## WRAPS

EVERYDAY

SALAD	Lettuce, Tomato, Guacamole, Cheese, Dressing, Red Onion \$4.5
CHICKEN	Chicken Breast, Lettuce, Mayo \$4.5
SWEET CHILLI CHICKEN	Chicken Breast, Lettuce, Mayo, Sweet Chilli \$4.5
HAM SALAD	Ham, Lettuce, Mayo \$4.5
CHICKEN CAESAR	Chicken Breast, Lettuce, Mayo, Cheese, Dressing \$5.5
AVOCADO SALAD	Avocado, Lettuce, Mayo \$5.0
ROAST BEEF SALAD	Roast Beef, Lettuce, Mayo \$5.0
CHICKEN, AVOCADO & SALAD	Chicken Breast, Lettuce, Mayo \$5.5

## WEDNESDAY

CRUNCHY BREAD ROLLS REPLACE WRAPS ON WEDNESDAY

\* THE CANTINE LUNCH MENU WRAPS (WRAPS) ARE ONLY AVAILABLE MONDAY & TUESDAY

## SANDWICHES

EVERYDAY

EGG & LETTUCE	\$3.5
SALAD	Lettuce, Tomato, Guacamole, Cheese, Dressing, Red Onion \$3.5
CHICKEN, LETTUCE & MAYO	Chicken Breast \$3.5
HAM, CHEESE & TOMATO	Ham, Cheese, Tomato \$3.5
CHICKEN, CHEESE & TOMATO	Chicken Breast \$3.5
HAM SALAD	Ham, Lettuce, Mayo \$4.0
SWEET CHILLI CHICKEN, LETTUCE & MAYO	Chicken Breast \$4.0
FIFTY FIFTY	Half of Two Different Types of Sandwiches \$4.0
B.L.T.	Bacon, Lettuce, Tomato \$4.0
TUNA	Tuna, Mayo, Grapes \$4.0
ROAST BEEF SALAD	Roast Beef, Lettuce, Mayo \$4.0

## CRUNCHY ROLLS

WEDNESDAY

SALAD	Lettuce, Tomato, Guacamole, Cheese, Dressing, Red Onion \$4.5
PULLING BEEF	Beef, Grapes, Lettuce, Mayo \$5.0
EGG & LETTUCE	\$4.0
AVOCADO SALAD	Fresh Avocado, Mayo \$4.0
CHICKEN SALAD	Chicken Breast, Mayo \$4.0
CHICKEN SCHNITZEL	Chicken Breast, Mayo \$4.0
HOT N SPICY CHICKEN	Spicy Chicken Breast, Mayo \$4.0
HAM & SALAD	Ham, Lettuce, Mayo \$4.0
ROAST BEEF SALAD	Roast Beef, Lettuce, Mayo \$4.0
SWEET CHILLI CHICKEN	Chicken Breast, Mayo \$4.0
CHICKEN, LETTUCE & MAYO	Chicken Breast \$4.0



**\$5**

## EVERYDAY SANDWICH DEAL

CHOOSE ANY \$3.60 SANDWICH  
AND WATER 300ML

\$5.50 IF YOU CHOOSE A \$4 SANDWICH



## PIZZA

MONDAY

CHEESE	Cheese & Sauce \$3.0
PEPPERONI	Cheese, Pepperoni & Sauce \$3.0
BBQ CHICKEN	Chicken Breast, Cheese, BBQ Sauce \$4.5
VEGETARIAN	Hot Sauce, Mozzarella, Veggie, Cheese, Tomato \$4.0

## SUBS

TUESDAY

SWEET CHILLI CHICKEN	Chicken Breast, Grapes, Mayo \$3.5
CHICKEN & GRAPES	Chicken Breast, Grapes, Mayo \$3.5
MEATBALLS	Meatballs, Grapes, Mayo \$4.0

## RICE PAPER ROLLS

WEDNESDAY

CHICKEN	Chicken Breast, Lettuce, Tomato, Mayo, Grapes \$4.0
SWEET CHILLI	Chicken Breast, Lettuce, Mayo, Grapes \$4.0
TUNA	Tuna, Mayo, Grapes \$4.0
VEGETARIAN	Lettuce, Tomato, Mayo, Grapes \$4.0

## HOT BITES

SPICY CHICKEN WINGS	\$1.2
GARLIC BREAD	\$2.0
POTATO WINGS	\$3.0
CUP OF NOODLES	Tom Yum - Chicken - Beef - Vegetable \$3.0
SUBS	\$3.0
MEAT PIE	\$3.5
CHICKEN & BACON ROLL	\$4.0
POTATO PIE	\$4.2

## THURSDAY & WEDNESDAY

SWEET CHILLI CHICKEN TENDER	or 3 skewers \$5.5
THURSDAY & WEDNESDAY	
CHICKEN NOODLES x3	with vegetable \$5.0

## BURGERS

EVERYDAY	
CHICKENBURGER	With Cheese, Tomato Sauce \$4.5
AVOCADO BEEF	Lettuce, Tomato, Mayo, BBQ Sauce \$4.5
EVERYDAY (Choose one & Drink any 2 for \$5.50)	
CHICKEN	Beef, Mayo, Lettuce, Mayo \$4.0
HOT N SPICY CHICKEN	Spicy Chicken Breast, Lettuce, Mayo \$4.0
THURSDAY	
SWEET CHILLI	Chicken Breast, Lettuce, Mayo, Grapes \$4.0
BACON, BACON & CHEESE	Beef, Mayo \$4.0
FRIDAY	
PIZZA MELT	Lettuce, Mayo, Grapes, Mayo \$4.5
CHICKEN CAESAR	Beef, Mayo, Bacon, Lettuce, Mayo \$4.5

## SNACK PACKS & KEBABS

EVERYDAY	
SPICY CHICKEN WINGS & WINGS	Wings \$6.0
MONDAY & TUESDAY	
CHICKEN SCHNITZEL SNACK PACK	With Cheese, Mayo \$6.0
THURSDAY & FRIDAY	
DOHAKI SNACK PACK	Chicken Breast, Mayo, Grapes, Mayo \$6.0
DOHAKI KEBAB	Chicken Breast, Mayo, Grapes, Mayo \$6.0
FRIDAY	
PIZZA SNACK PACK	Chicken Breast, Mayo, Grapes, Mayo \$6.0

## PASTA - RICE - NOODLES

EVERYDAY	
CHICKEN CHICKEN PASTA	Beef \$3.0 Large \$4.0
BUTTER CHICKEN	With Grapes \$3.5 Large \$4.5
MONDAY	
LASAGNA	Homemade Beef Sauce \$4.0 Large \$5.0
TUESDAY	
BOLOGNESE PASTA	Homemade Beef Sauce \$4.0 Large \$5.0
LASAGNA	Homemade Beef Sauce \$4.0 Large \$5.0
WEDNESDAY	
MACARONI & CHEESE	Large \$4.0
BOLOGNESE PASTA	Homemade Beef Sauce \$4.0 Large \$5.0
THURSDAY	
PUMPKIN OF THE WORLD	With Grapes, Mayo, Grapes \$4.0
FRIDAY	
BOLOGNESE PASTA	Homemade Beef Sauce \$4.0 Large \$5.0
PUMPKIN OF THE WORLD	With Grapes, Mayo, Grapes \$4.0

## MEXICAN

BEF NACHOS	Beef, Mayo, Grapes, Mayo \$5.0
VEGETARIAN NACHOS	Beef, Mayo, Grapes, Mayo \$5.0

## TOASTED WRAPS

CHICKEN & CHEESE	Beef, Mayo \$4.5
SWEET CHILLI CHICKEN	Chicken Breast, Mayo, Grapes \$4.5

## DRINKS

EVERYDAY

Water	300ml \$2.0
OAK FLAVOURED MILK	300ml \$2.4
OAK FLAVOURED MILK	300ml \$2.4
ICE COFFEE	300ml \$4.0
ROSE COFFEE	300ml \$4.0
ROSE COFFEE	300ml \$4.0
LYNCH COFFEE	300ml \$4.0
APPLE JUICE	300ml \$3.0
ORANGE JUICE	300ml \$3.0
MILKSHAKE	300ml \$4.0
ALOE VERA	300ml \$3.0
ICE TEA	300ml \$3.0
PINEAPPLE	300ml \$4.0
SOFT DRINK	300ml \$4.0
POMEGRANATE	300ml \$4.0

**EFTPOS IS AVAILABLE HERE**

Gregory's Service    Debit / Credit    Tip & Go  
 Free 22 Cents    Free 2.45%    Free 1.14 Cents  
 No Monthly    No Minimum    \$3.95 Fee



# IMPORTANT NOTICES:

## Illegal Stopping in Tasman Place

This has been reported to police who will issue penalty notices to those offending.

## Illegal U Turn:

All parents and students are warned that making a U turn out of the bus bay on Rifle Range Rd is illegal. We bring this to your attention as making this turn is very unsafe, even when the 40kmh limit applies. Please **do not** make this turn.

## Recharging Mobile Devices:

All students are asked to ensure that their mobile devices are fully charged before they arrive at the College each day.

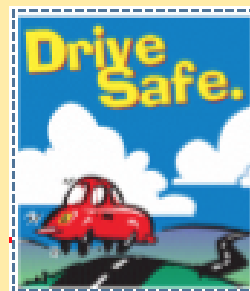
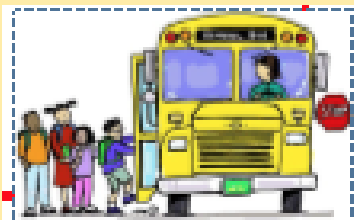


# IMPORTANT NOTICE TO MOTORISTS

## RE: SCHOOL BUS ZONES IN RIFLE RANGE ROAD

### Please be aware that the School Bus Zones in Rifle Range Road are as follows:

1. The existing bus bay near the main car park gate is now a School Bus Zone on School Days from 8:00am-9:30am and 2:30pm-4:00pm. Therefore other than buses - any vehicle parking or stopping in this bus bay for any purpose during these times is doing so illegally. Clear signage has been erected reading "**NO ENTRY - BUSES EXCEPTED**" to warn motorists of this change.
2. The former School Bus Zone located near the Front Gate has been converted to a Full Time Bus Zone. Clear signage has been erected to warn motorists of this change. Therefore other than buses, any vehicle parking or stopping for any purpose in the School Bus Zone at any time, is doing so illegally.



# IMPORTANT NOTICE FOR DROP OFF/PICK UP

For safety reasons parents are asked NOT to drive onto the school grounds to drop off or pick up students before 9:30am and after 2:30pm.

The ONLY EXCEPTION to this is for students with disabilities.

Thank you