

THE GOOD SAMARITAN

"Called To Bring Peace"

Bede Polding College

Email address: BedePolding@parra.catholic.edu.au

Website address: www.bedepoldingwindsor.catholic.edu.au

Phone: 4560 2900 Fax: 4560 2999

Newsletter: 10th April 2019 Week 11 Term 1



CALENDAR

April

Wednesday 10th Stage 6 Parent
Teacher Interviews
3:30pm-8Pm

Thursday 11th Cross Country

Wednesday 12th Lenten Liturgy

Wednesday 12th Term 1 Ends

Wednesday 17th Uniform Shop will
be open 8am-3pm

Term 2

Monday 29th All students return to
School

Tuesday 30th Anzac Assembly

May

Thursday 9th Mother's day Mass



Students return in

Winter Uniform

PRINCIPAL'S DESK

Dear Parents, Guardians, Students and Friends of the College,

The Easter Season

Yet another Easter comes around. There are Easter eggs, Easter bunnies, a few days off (or longer if you are lucky) lovely autumn weather. There are family and friends, good food and good company and plenty to enjoy at this time of year.

At the same time there is of course a much deeper more enduring and more important Easter message. It is of absolute relevance to each and every one of us. It is a story about betrayal, suffering, death and life. They are the realities all of us experience and from which none of us are spared.

Jesus was a social person. There were times when he sought his solitude, enjoyed being reflective and alone. But time and again, the Gospels record him enjoying himself with his friends over a meal. In fact the last time he was gathered with his friends was over a meal - The Last Supper. We all enjoy a good meal with friends.

A few days before he was triumphantly welcome into Jerusalem, by the Thursday the powerful religious and political forces against him had rallied and ready to strike. There is a saying to the effect that one day we can all be a rooster and the next a feather duster. We all experience at times in our lives a lack of self esteem, a sense of betrayal, a questioning of our importance and the bigger picture.

Jesus was tortured and suffered great pain. He was executed as a common criminal; he died.

We all Whether it be mental and or physical. experience suffering in our lives.

We all have seen loved ones suffer greatly through illness and die. We should not be obsessed with death - life is for living. Jesus died and we will die.

The message of Easter is of course that it does not end with death. There is the reality of the Risen Christ, the ultimate expression of God's love. We have a God of love, a God of hope and a God of life. We are called to be people of love, hope, and life. Every day is a gift. Life is for living, living to the full and in the full knowledge and love of the Risen Christ. We are Easter People.

Easter Prayer

May Mary, the Mother of sorrows,
the first Christian,
be a prayerful companion for you this Easter.
May the Christ of suffering and death and resurrection
give you the faith to dare to believe that, from evil, goodness can come;
that he is the resurrection and the life;
that there is a further greater reality
May you, your family and friends
be blessed with hope and Peace this Easter.

Contacting Staff at Bede Polding College

The College is committed to providing the best possible education for our students. There is a vast body of research that demonstrates that improved student outcomes are a result from positive parental engagement. To that end, and to foster better channels of communication, the link attached provides the email contacts for all staff. I ask that you please take note of the following:

Bede Polding College recognises that email is a fast and convenient way to communicate with your child's teacher.

As you would appreciate, teachers read their emails at various times throughout the school day. Further, other than in the case of a genuine emergency, they are generally not expected to respond to emails from parents and students outside of normal working hours. Please keep in mind that if you send an email to a member of our staff a reply may not be received until the following working day. At a minimum you should expect to receive an acknowledgement of your email within 48 hours.

As a general rule issues pertaining to class matters ought to be directed to the class teacher and issues of well being should be directed to the homeroom teacher in the first instance. Please find below a copy of all staff email addresses.

Staff
Email List

I take this opportunity to thank all members of our community for what has been a wonderful term.
With thanks,



Mark Compton

College Leadership Teams

~ Executive ~

Principal

Mr Mark Compton

Assistant Principals

Mr Rodney Howard / Harry Fernandez

Religious Education Coordinator

Mr Joshua Rodricks-Testa

Business Manager

Mr Paul Cruise

Administration Coordinator

Mr Paul Samoluk

Principals Assistant

Mrs Deanna Melbin / Mrs Lisa Casey

Diversity and Case Management Coordinator

Mrs Tracey Johnson

~ Curriculum Forum & Assistants ~

Creative Arts

Miss Angela Rando / Assistant: Mr Bradley Lee

English

Miss Angela McEneaney / Acting Assistant: Mrs Melina Jamhour

Human Society & Its Environment

Mr Paul Sykes / Assistant: Mr Brett Windon

Lote

Miss Kelly Bourke

Mathematics

Mrs Anni Brailey / Assistant: Mrs Despina Wealth

Religious Education

Mr Joshua Rodricks-Testa / Assistant: Mr Michael Aure

PDHPE

Mr Marc Sluiter / Assistant: Liam Campbell

Post Compulsory & Careers

Mr Brett Collimore

Science

Mr David Rowswell / Assistant: Mr Steve Lans

Learning Technologies Coordinator

Mr Matthew Kneller

Diversity Case Management

Mrs Tracey Johnson / Assistant: Jessica Camilleri

Sports Coordinator

Mr Dean Bertenshaw

Technology & Applied Studies

Mr Edward Gruppetta / Mrs Lisa Cummins

Year Coordinators:

Year 7 Mr Jeremy Tuano

Year 8 Mr Matthew Marshall

Year 9 Mr Craig Adams

Year 10 Mrs Janette Wick

Senior Coordinator Mr Nicholas Briffa

Home-School Liaison Coordinator

Miss Jenny Woods

Student Counsellors

Ms Debbie Robinson & Ms Kathryn Rogers

Librarian

Mrs Kerrie Brownscombe

From the Assistant Principal Pastoral Care

Newsletter Term 1, Week 10

Safety of Students

I wrote in the newsletter of Week 4 about the safety concerns we have with some of our students dashing across George Street at peak hour on the mornings that we hold our Staff Meetings. Last week, we received a number of phone calls from concerned and caring commuters using George Street about some of our students attempting to cross the road to get to or from the MacDonald's restaurant. If you are not already aware, the traffic on this street in the mornings is extremely busy.

I appeal to all parents once again, especially of children that live in close proximity to the College, to strongly discourage them from going to these places on these mornings.

We are making contact with Hawkesbury Council to see what arrangements may be possible to ensure the safety of all our students as this is of paramount importance to us. Until such time as they take action to address this serious concern of ours, it would be greatly appreciated if all parents tell their children not to go to these locations on our Staff Meeting mornings which occur once every three weeks in the term. The Staff Meeting dates are published in the student diary and on our College calendar.

Winter Uniform

All students are to wear their full winter school uniform on their return to school for Term 2. We are extremely proud of the wonderful way the vast majority of our students present themselves for school each day. Wearing the uniform properly greatly assists in cultivating a sense of pride and unity in the school and self-discipline in students. The need to be organized and well-presented is an important aspect of education in preparing students for life after school. Please ensure that your child has all the necessary items of winter uniform to wear to school from the start of Term 2.

I pray that you and your families receive all the blessings of the Risen Lord and I take this opportunity to wish you all a very Holy and happy Easter and a safe and restful holiday break.

God bless,

Harry Fernandez

Learning & Teaching Report

Rodney Howard Assistant Principal Learning & Teaching



lakemurraycommunitychurch.org

NAPLAN Practice Test

Year 7 and 9 completed practice tests for NAPLAN in Week 9 in preparation for their NAPLAN tests online occurring from Tuesday 14th May to Friday 24th May, Term 2 Week 3 and 4. The students complete a 45 minute test which included questions on reading, language conventions and numeracy to learn the skills to complete these tests in an online environment.

Parents can get further information on the NAPLAN online tests by visiting [CEDP site](#) ['Information for Parents'](#) or the [ACARA](#) website.

Stage 5 Parent, Student, Teacher Interviews

Stage 5 parent, student teacher interviews will take place on Monday 6th May from 3.30 to 8.30. We see these interviews as important and value the opportunity of working with you and your child in furthering their education and personal growth, so it is important that students accompany their parents to the interviews. Each interview is restricted to 5 minutes and as in previous years booking will be made online. Stage 5 students brought home a letter this week with information regarding the website and code for parents to make bookings which will open on Friday 12th April.

Project Based Learning (PBL)

Project-based learning is a student-centered pedagogy that involves a dynamic classroom approach in which it is believed that students acquire a deeper knowledge through active exploration of real-world challenges and problems. The aim is for students to be more engaged in their learning, give them voice and choice while collaborating with peers in solving real problems. Too often we give children answers to problems not problems to answer and the PBL approach changes this.

A group of teacher recently had training in PBL and developed a project based on a Term 2 topic for one of their classes. Students in these classes will be using this approach during Term 2. Other colleagues and their classes will be invited to be part of these projects. Information of some of these projects will be included in future newsletter as well as the final products produced by the students.





HOLY WEEK MASSES AND SERVICES

EASTER 2019



Sunday, 14th April – Palm Sunday

Normal weekend Masses.

Monday, 15th April

9.00am Mass

7.30pm Communal Rite Reconciliation at Richmond Parish

Tuesday, 16th April

9.00am Mass

6.30pm Individual Reconciliation

Wednesday, 17th April

9.00am Mass

7.30pm Chrism Mass (St Patrick's Cathedral Parramatta)

Thursday, 18th April

No Morning Mass

7.30pm Mass of the Lord's Supper followed by "Reflecting with Jesus in the Garden" - until 10.00pm (Jesus in the garden is when groups and individuals spend time before the Blessed Sacrament to pray)
[Altar of Repose will take place in the Parish Hall]

Good Friday, 19th April

No Morning Mass

10.00am Family Stations of the Cross (in St Matthew's School grounds)

3.00pm Celebration of the Lord's Passion and Death

Holy Saturday, 20th April

No Morning Mass

9.30am Individual Reconciliation

6.00pm Easter Vigil



Easter Sunday, 21st April

7.30am Mass

9.00am Family Mass

NO 5PM EVENING MASS

Parent Bulletin

Week 10, Term 1

As the Season of Lent is coming to a close, the Season of Easter is approaching! There are five weeks in the Season of Lent where God calls us to pray, fast and give more generously because it is a time for repentance and preparation. However, there are SIX weeks in the season of Easter, which is a time of joy, redemption and most of all hope that comes from the resurrection of Jesus! Let us continue to thank God for the gift of eternal life that he offers to all of us through the sacrifice of Jesus as we approach Holy Week and the Easter season.



Stations of the Cross – Windsor Parish - REMINDER

Good Friday is the most important day in the Church's liturgical calendar. It is the day that we remember the sacrifice Jesus made on the cross for us.

Good Friday is on Friday 19th April, which is in the first week of the school holidays. Fr Robert, the Parish Priest of Windsor Parish has asked the three Catholic schools (BPC, Chisholm and St Matthew's) to lead the Stations of the Cross. Some of our students will be participating in the stations and it will be held at St Matthew's Primary School (12 Tebbutt st, Windsor) at 10:00am. Everyone is invited to watch the Stations of the Cross being acted out by the students. It will be a wonderful opportunity for us to remember the love Christ has for us.

SWAG – Thursday 11th April

SWAG (Students Walking Alongside God), our College youth group continues to grow. Our second session for 2019 will take place on Thursday in Week 11. The theme will be 'BRB' focussed on Holy Week and the 'coming back' of Jesus Christ risen from the dead. Mr Lazaroo and the senior SWAG leaders will lead the session with Years 7-10 invited to participate during sports time.

Parent Retreat Day – Wednesday 1st May – 9:30am-2:30pm

The Parramatta Diocese Mission Team has organised a Parent Retreat Day on Wednesday 1st May from 9:30am-2:30pm at St Joseph's Retreat Centre in Baulkham Hills (22 Barina Rd, Baulkham Hills). All parents from the Parramatta Diocese are invited to participate in a day of personal transformation through reflection, small group discussion and creative activities. What a wonderful opportunity to deepen your understanding of our Catholic faith and meet other parents in our Parramatta Diocese community. To register or for more information please contact Donna Dempsey on 0407 597 426 or email her on ddempsey1@parra.catholic.edu.au.

Year 9

Target: 4 lots of \$150 = \$600

Goal: Provide the opportunity for four children to attend group-learning activities in Vietnam.

Running Totals: \$316.05

Year 10

Target: \$975

Goal: Year 10 will aim to raise multiples of \$325 - the cost of educating a midwife in Bangladesh.

Running Totals: \$573.30

Seniors

Target: \$1000

Goal: Provide school supplies to students in Zimbabwe (and around the world). Our goal is to support at least 20 students, at \$45/50 each.

Running Totals: \$565.70

Staff

Target: \$200

Goal: buy school supplies for 4 students in Zimbabwe who dream of becoming nurses.

Running Totals: \$35.35



The Feast of the Annunciation – Monday 25th March

On Monday 25th March, the Church celebrated the Feast of the Annunciation. The Annunciation is the special moment when the Angel Gabriel appeared to Mary and told her that she was going to give birth to the Saviour of the world, Jesus. Though puzzled and afraid she said a wholehearted “Yes!” to God’s will for her life. It is an exciting moment to remember, one where humankind found out that God in his humility and love for us was to become a man and make the ultimate sacrifice in order to offer us eternal life. To celebrate this feast day, some of our students described a time in their life when they experience the most exciting news. These experiences were transformed into posters and were hung on the Mission Board in front of S block. The Feast of the Annunciation reminds us one of the most important announcements in history, that Mary was to carry the Son of God.



Caritas Lenten Appeal/Project Compassion

As I mentioned in the previous Parent Bulletin, every year BPC supports the Caritas Lenten Appeal, also known as Project Compassion, which is an opportunity for the students and staff to practise the third commitment of Lent, almsgiving. Below are the running totals to date including their target and goal. Each grade will have until the end of Week 11 to try and reach their goal! Let’s go everyone!

Year 7

Target: \$1,250

Goal: Help a remote Indigenous community such as Tati’s establish a sustainable livelihood in the forest of Indonesia.

Running Totals: \$1,976.55

Year 8

Target: \$800

Goal: Fund food for 8 indigenous communities.

Running Totals: \$646.45

POP! Power of Prayer Lenten Prayer Group

On Mondays at lunch time, Miss Saad has organised a new Prayer Group called POP which stands for *Power of Prayer*. All students and staff are invited to join the prayer group which includes various forms of prayer, small group discussion and an opportunity to chat in a welcoming environment. The Prayer Group is currently focussing on the Season of Lent with various reflections on the Sunday Gospel and opportunities for discussion. To promote the Prayer Group, Miss Saad organised for each homeroom to POP a balloon and find an invitation inside. Please keep Miss Saad and the staff and students involved in your prayers as this new initiative develops.



God bless everyone!

John Bede Polding

Pray For Us

Joshua Rodricks-Testa

RSL & Schools Remember Anzac Day Ceremony at Hyde Park.



The Vietnam War in the Eyes of a Soldier

This year, year 10 have had the privilege of learning about the Vietnam War and the experiences of Veterans and their families. On Friday the 8th March, Vin and Nancy Cosgrove attended the College to address year 10 about the Vietnam War. Vin being a past infantry soldier, was able to tell us his personal stories in the war. Nancy being married to him for over 50 years was able to recount the effects of war, as well as her own experiences throughout her lifetime. Through the use of power points, videos, music and students re-enacting past times, we learnt about the nature of warfare and how it truly affected the lives of nations. As young individuals of modern society, we will never fully experience the Vietnam war, so we appreciate that we had the opportunity to learn about this through a true soldier.

By Carlii-Anne Hawley, Amber Muscat and Brooke Gatt



STEAM Newsletter Article

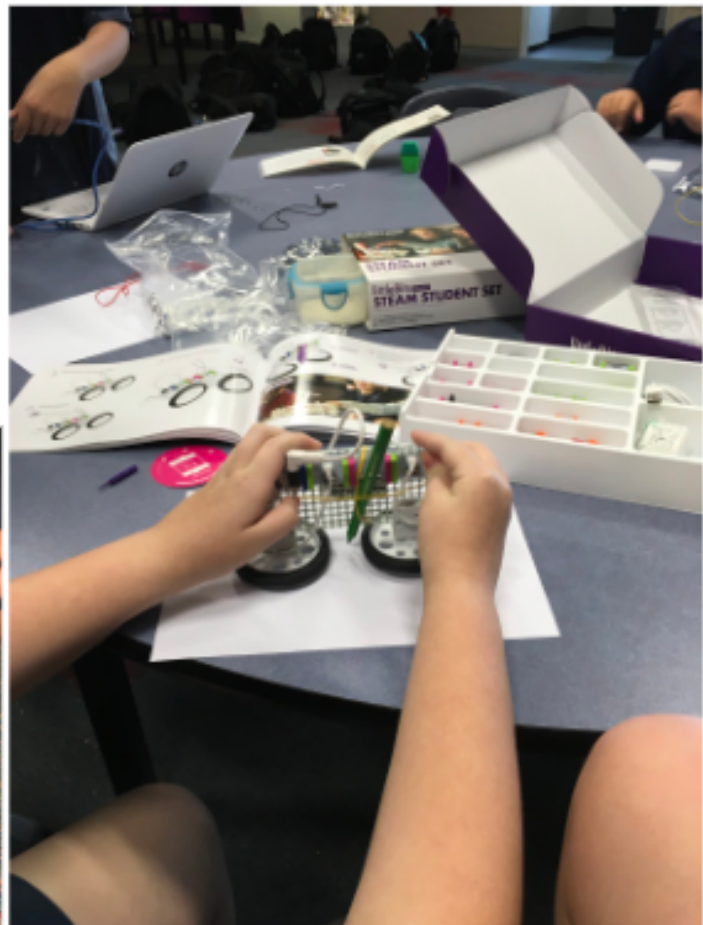
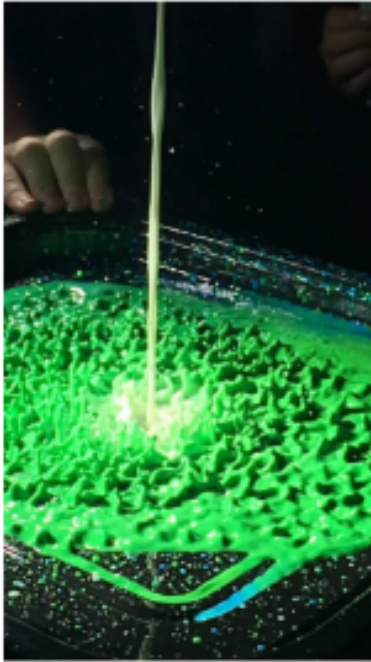
STEAM has been running now for 9 weeks. We have been prototyping and refining our designs through experimentation. As our understanding has developed we are applying new knowledge to different situations. For example, testing a prototype catapult to determine velocity and distance. Then applying this knowledge to a much larger design. We propelled paint soaked sponges onto a canvas! It was very messy but lots of fun. During week 7 we used high speed video, kindly brought out by the engineers at Thales. We used the high speed video to record how a non-newtonian fluid (cornstarch) reacted to different frequencies. We also photographed its reaction. See our images below. This was an amazing experience. Thanks to industry leaders, Thales for graciously giving time to help our students understand a little more about engineering and the world they live in.



STEAM (Science, Technology, Engineering, Art, Maths) is a way for students to expand their knowledge in these fields. In forms of coding, robotics, aerodynamics, non newtonian fluids and many more. It is a fun way to experiment theories with friends and to make new friends along the way.
-Alyssa Dunn

STEAM (Science, Technology, Engineering, Art, Maths) is a wonderful opportunity to get involved in. In **STEAM** there are so many more openings for your learning to be explored. For one I didn't know about engineering that well. I only knew that they invented things to make our everyday life easier.
-Catherine Sultana

STEAM Newsletter Article



News from the TAS department

Year 12 Food Technology

On Friday, 15 March Miss Arenelli's Year 12 Food Technology and Miss Wall's Year 12 Hospitality students went on an excursion to the Sydney Fish Markets and Sydney Tower. Students had an opportunity to see behind the scenes at both venues and learned about the Australian Food Industry, WHS and food preservation. Students also had a buffet lunch at the Sydney Tower.

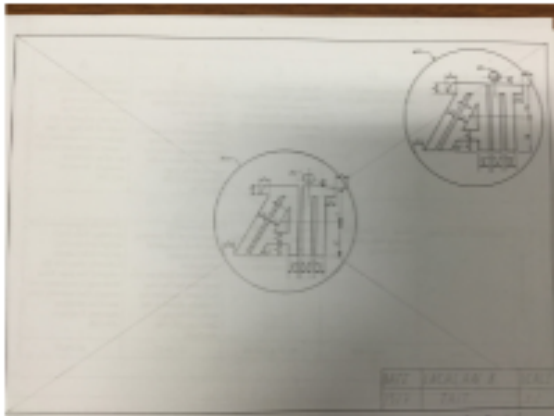


Year 12 Textiles and Design

Students from Year 12 textiles and design visited the Powerhouse Museum last week to view past HSC Major Design Projects. The students were able to view band 6 portfolios and projects.



Year 9 Graphics Technology have been working hard on their Logo drawings. The have been producing images of existing Logo Designs as as introduction to using correct tools and equipment in the Design Studio.



Year 9 Industrial Technology Timber are putting the final decorative elements on their door stop designs.



Year 9 Textiles have finished their first practical work for the year, making a Project Bag, which will hold all of their future projects in this subject.



Year 12 Food Technology students in the kitchen- Cheeseburger Spring Rolls



Year 7 and 8 Metal and Graphics Technology are nearing the completion of the first project, an ID Tag. After this they will work on their own design for a pendant also made from Aluminium.





News from Agriculture!

Things are in full bloom this week in our Agriculture plot with Miss Walker and Mr Heath! Students have been reaping the rewards of their hard work and efforts. Featured here is just a small portion of the vegetables and herbs the students' no-dig gardens are producing. Top left shows Dylan Debono, Paige Cunneen and Crystal Watts from Year 10 Agriculture holding some of our very large Zucchini's.



Students have also been fortunate enough to take home some delicious eggs, as our hens are now laying in their new layer boxes. Featured in the middle is Brianna Cassin and Nathan Bietola, as the students stated, "egg-modeling" one of our freshly laid eggs.

Lastly, after much anticipation the last three weeks has also seen the birth of five lambs to two of our ewes. All are healthy and doing well. Bottom left shows Rebecca Burke, Mikayla Pennings, Matilda Johnson and Ella Melverton from Year 9 Agriculture meeting some of our new lambs for the first time.



Year 9 Building Landscape and Design

A new Industrial Technologies subject to the college will provide the opportunity for our year 9 students not only learn about the subject area but to provide hands on practical projects within the college. Whilst battling the extreme weather this term, year 9 have commenced the clean out of the large garden area outside the TAS workshop area. The challenge for each student is to design an outdoor learning space, which we will build.

The BLD crew have also been busy setting up our new workshop



'A Midsummer Musical' Auditions

Bede Polding College will be presenting a rendition of '*A Midsummer Night's Dream*' by William Shakespeare in Term 3, which will be called '*A Midsummer Musical*'. Incorporating "groovy" disco tunes from the 80's, the Creative & Performing Arts department and our talented students will be reimagining Shakespeare for a contemporary audience!

On Thursday of Week Nine, the auditions for '*A Midsummer Musical*' took place both in the Drama room and the Music rooms. Organised by Miss Thurling, Producer and Director of the Performance, Miss Lavender, Production Assistant, and Mr Lee, Musical Director, the roles of the Characters were divided into the categories of Lovers, Royals, Mechanicals, and Fairies, along with an array of Musicians were chosen. The successful applicants were announced on Friday of Week Nine.

The energy within the auditions for the acting roles was high and excitable, with each student clearly enjoying themselves and having a great time. This excitement was shown through the loud rendition of "It's Raining Men" in which everyone joined in and sung, or rather screamed, and through the collaborative walkthrough auditions and group dance number choreographed by Year 11 student, Teagan Vanderburg within the two hours in which the auditions were held. The scripts that each applicant was handed varied through the different categories of the parts (Lovers, Royals, Mechanicals, and Fairies) to allow everyone to find a comfortable and suitable character they could be considered for. The songs auditioned also varied depending on which character Miss Thurling and Lavender saw the applicants fit for. Overall, everyone did a phenomenal



job, and will undoubtedly do our College proud in Term 3. The first rehearsal took place on Monday of Week 10, the 1st of April. The rehearsal was a great start to the Musical's journey, involving games, icebreakers and character development in cast journals, with donuts provided for the whole cast to enjoy. The musicians also congregated, beginning to work on a selection of the 80's tunes that are to be included in the performance.

We look forward to keeping everyone updated on the development of the production.

Chloe Tyrrell & Ella Muscat- Communications Team/Creative & Performing Arts Committee

Photos by Alisa Prasnicki -Director of Photography/Creative & Performing Arts Committee





Congratulations on your healthy school canteen

Dear Mark Compton

Well done on achieving a healthy school canteen. I would like to thank you for your very important contribution to supporting the health and wellbeing of your students.

The NSW Healthy School Canteen Strategy is a key initiative to support the Premier's Priority to tackle childhood obesity. Having a healthy canteen means that your students are more likely to develop healthy eating habits that will have a long-term impact on improving their lives.

To recognise your achievement, you have been awarded the Healthy School Canteen Badge and Certificate. These can be used to show your community that you have achieved a healthy school canteen by displaying them on your school newsletter, website or canteen.

We will also add your school's name to the Premier's Priorities website to celebrate your success. You will soon be able to see your school online at <https://www.nsw.gov.au/improving-nsw/premiers-priorities/>.

Congratulations, and thank you again for your great work to support your students.

Yours sincerely

Glenn King
Deputy Secretary
Department of Premier and Cabinet



Jacob Camilleri, ex Bede Polding student wins National Apprentice of the Year title in Australian Meat Industry Council butchery competition

Jacob Camilleri has been named the top butchery apprentice in Australia by the Australian Meat Industry Council (AMIC).

He won the National Apprentice of the Year title at AMIC's national competition held in Fremantle, Western Australia.

Jacob was among finalists from six states competing for the title in beef, lamb, pork, gourmet, continental and poultry sausage divisions.

Each finalist earned the right to represent their state after winning regional competitions held over the past year.

Well done Jacob!



WALK-A-THON



2019 Polding Walk

Planning is going well for the Polding Walk to be held on Friday, 28th June (Week 9). Letters outlining details of the day, will be issued to all students before the end of Term 1. Students will be given their blue sponsorship cards and should start getting sponsors signed up. Special letters for attracting business sponsors are available at the Student Foyer. There are some great prizes and incentives on offer (including gift vouchers and a day at Wet 'N Wild) for those students who raise the most money. If parents are interested in volunteering to help on the day, please complete the response slip on the letter and return it to school as soon as possible. This year we are hoping to raise around \$50,000 through the Polding Walk and that money will benefit students by air-conditioning the school Hall. Also 10% of the total amount raised will be distributed to the Year Group charities .



Yr 7 2020 Enrolments

Please be advised that we will be holding interviews for all Year 7 enrolment applications.

Although enrolments do not close until Friday 24th May 2019, interviews will take place in mid-May for those who have already submitted their applications to the College.

If you have already admitted your application, please check your emails over the coming weeks as there will be instructions on how to book your interview time.

We encourage you to submit your applications early next term, however, the closing date remains as Friday, 24 May and the balance of all enrolment interviews will take place in early June 2019.

We have re launched our social media platform.
Please like us on Facebook.

Facebook

Complaints

Complaints, where possible, are to be resolved closest to the source of the complaint. Complaints will be addressed professionally, competently and in a timely manner applying principles of natural justice and confidentiality.

If you would like to
view our Complaints
Policy please click

INTO THE DEEP

LEADING FOR MISSION

Animators Day

“Do not
be afraid”

LUKE 5:10

DATE

MAY 2 2019

TIME

9.30 – 2.30

VENUE

ST JOSEPHS
RETREAT
CENTRE

33 BARINA
DOWNS RD,
BAULKHAM
HILLS

[CLICK TO
REGISTER](#)

The Animators Program is a new parent initiative in the Diocese of Parramatta. Spend a day interacting with Prayer so that you can confidently lead Parent Communities.

WITNESS to your faith by exploring themes of Luke's Gospel through the framework of Scripture, God, Self and Others.

FOR MORE INFORMATION:

Donna Dempsey • 0407597426 • ddempsey1@parra.catholic.edu.au



Catholic Education
Diocese of Parramatta

INTO THE DEEP

LEADING FOR MISSION

Parent Retreat Day

“Do not
be afraid”

LUKE 5:10

DATE

MAY 1 2019

TIME

9.30 – 2.30

VENUE

ST JOSEPHS
RETREAT
CENTRE

33 BARINA
DOWNS RD,
BAULKHAM
HILLS

**CLICK TO
REGISTER**

Join parents from the Paramatta Diocese in a day of personal TRANSFORMATION as you nurture faith through reflection, small group discussion and creative activities.

Explore the concept of WITNESS as you interact with Scripture, God, Self and Others.

FOR MORE INFORMATION:

Donna Dempsey • 0407597426 • ddempsey1@parra.catholic.edu.au



Catholic Education
Diocese of Parramatta



INTO THE DEEP

LEADING FOR MISSION

Principals Retreat

“Do not
be afraid”

LUKE 5:10

DATE

9 - 10

MAY

2019

VENUE

EDMUND
RICE
RETREAT
CENTRE
MULGOA

A two day retreat experience designed specifically for Principals to refresh, renew and inspire their leadership in the Mission of their school communities.

The retreat will feature input from Br Bill Tarrant, who brings extensive experience as an educator, scripture scholar and wisdom leader across Australian Catholic Communities. He has particular experience in working with Catholic School Principals as a Spiritual Advisor.

The retreat will be designed to create time and space for individual prayer and reflection as well as small group discussion and communal prayer. You will return to your community inspired to continue to lead God's Mission with your staff, students and families.

**CLICK TO
REGISTER**

FOR MORE INFORMATION:

Donna Dempsey • 0407597426 • ddempsey1@parra.catholic.edu.au



Catholic Education
Diocese of Parramatta



...making a difference...

Richmond Community Services Inc. in partnership with Windsor Professional Centre is pleased to be able to offer a **FREE** group for parents/primary carers

Helping Teens with Risky Behaviours



This group is for parents under stress due to their teen engaging in risky behaviours including experimentation with drugs, unsafe sex and school refusal. The group will give parents support and ideas about how to address these issues and maintain their relationship with their teens through the difficulties into adulthood. The group will cover:

- Understanding the needs of teens
- How to use consequences/rewards effectively
- Communication styles and strategies to deal with difficulties
- Safe ways to de-escalate aggression and resolve conflict
- Addressing the risks to younger children in the home
- When to call in extra help – police, health and other services
- Looking after your needs as a parent

Weds 15th May 2019—6.30-9pm

BOOKING ESSENTIAL! 02 4588 3502

Email: admin@rcsi.ngo.org.au

**At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753**

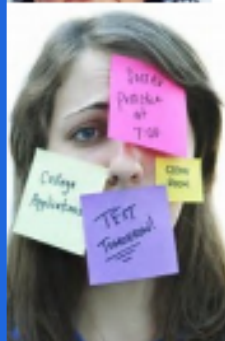
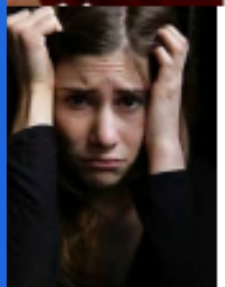




...making a difference...

Richmond Community Services Inc. in partnership with Windsor Professional Centre is pleased to be able to offer a **FREE group for parents/primary carers**

Helping Teens with Anxiety & Depression



This group is for parents who are caring for teenagers in the home who have anxiety and/or depression. Teenagers suffering from these disorders often struggle to make sense of life around them and can make home life very stressful. This group assists parents with skills and strategies for helping their teen with their issues. The group will cover:

- Recognising different guises of depression and anxiety
- Adolescent hormonal mood swings – what is normal vs depression/anxiety
- Riding the rollercoaster – how to stay calm as a parent
- Listening and talking to your teen to maximise recovery
- Resources for further help and services to assist you



Weds 1st May 2019—6.30-9pm

BOOKING ESSENTIAL! 02 4588 3502

Email: admin@rcsi.ngo.org.au

**At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753**





STUDENT LEARNING DEVICE EXPECTATIONS



Thank you for your support in regards to the change of the Student Learning Device Policy this year.

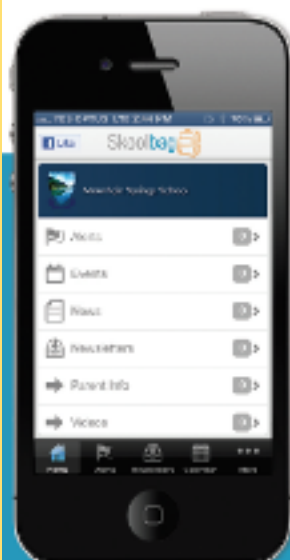
It is an expectation that your child comes to the College with their device charged every day. If for any reason this cannot occur please contact the College. Students can be issued with Management Record Forms (MRF) for not having a learning device present in class or if they are using their device inappropriately.

If your child's device is in for repair or is in the transition of being replaced there are Google Chromebooks available for short term loans in the Library. Please write a note in your child's diary and direct them to the Library.

For more information on Bede Polding College's approved Learning Devices please go the '[Student Learning Device Portal](#)' available through the College Website.



Bede Polding Uniform Price List					
Junior Girls			Senior Girls		
Summer			Summer		
Summer Dress	\$60.00		Navy Blue Skirt	\$60.00	
Sky Anklets	\$ 6.00		Short Sleeve Blouse	\$35.00	
Winter			Winter		
Junior Girls Blazer	\$150.00		Senior Girls Blazer	\$150.00	
Winter Skirt	\$ 51.00		Navy Scarf	\$15.00	
Short Sleeve Shirt	\$ 27.00		Navy Stockings	\$ 8.00	
Maroon Tie	\$ 15.00		White Anklets	\$ 6.00	
Black Stockings	\$ 8.00				
Junior Boys			Senior Boys		
Summer			Summer		
Short Sleeve Shirt	\$27.00		Striped Shirt	\$35.00	
Navy Shorts	\$40.00		Navy Shorts	\$40.00	
Navy Trousers	\$46.00		Navy Trousers	\$46.00	
Navy Socks	\$ 6.00		Navy Socks	\$ 6.00	
Winter			Winter		
College Blazer	\$150.00		College Blazer	\$150.00	
Navy Striped Tie	\$ 15.00		Navy Tie	\$ 15.00	
Junior Unisex			Senior Unisex		
Maroon Jumper	10-16	\$66.00	Navy Jumper	10-16	\$66.00
	18-22	\$70.00		18-22	\$70.00
	24-26	\$77.00		24-26	\$77.00
	28-30	\$84.00		28-30	\$84.00
Sports Uniform			Accessories		
College Polo	\$40.00		School Bag	\$70.00	
College Shorts	\$30.00		Belt (Black)	\$13.00	
Sports Cap	\$13.00		Aprons	\$10.00	
Sports Socks	\$ 8.00		Safety Goggles	\$ 6.00	
Tracksuit Top	\$75.00		Drawstring Bag	\$ 5.00	
Tracksuit Pants	\$45.00		Navy Umbrella	\$12.00	
			Calculator	\$26.00	
			Cooking Hat	\$ 5.00	
			Year 7 Book Pack	\$40.00	
			Year 8 Book Pack	\$40.00	
			Maroon Gloves	\$ 5.00	
			A4 Art Diary	\$ 8.00	
			11x14 Art Diary	\$12.00	
			A4 Visual Journal	\$14.00	
			2 Piece Brush Set	\$ 8.00	
			Year 9 Art Pack	\$40.00	
Terms of Trade: Cash, cheque, Mastercard, Visa and EFTPOS accepted.					



Skoolbag



Smartphone school to parent communication

Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)

Skoolbag delivers school notices directly to parents and students



How To Install Skoolbag On Your Smartphone

iPhone & iPad Users

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.




Android Users

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.



Google play

Don't forget to like us on Facebook! 

Find out more at www.skoolbag.com.au

Skoolbag delivers school notices directly to parents and students





\$5.50

CHOOSE ONE
ITEM FROM THE
BREAKFAST SECTION

CHOOSE ONE
HAB-BROW
FRUIT PIECE

CHOOSE ONE
WATER 900ML
MILK 900ML



FRESH SALADS **EVERYDAY**

EVERYDAY			
WATERMELON SALAD	Watermelon, Cucumber, Red Onions, Cilantro		\$4.00
PIZZA SALAD	Mozzarella, Peperoni, Hot Italian Dressing, Tomato		\$4.25
GARDEN FRESH SALAD	Cheese, Cucumbers, Bell Peppers, Italian Dressing		\$4.50
SWEET CHILI CHICKEN	Chicken, Lettuce, Tomato, Onions, Cilantro, Sriracha		\$6.00
CHICKEN CASSEROLE	Chicken, Potatoes, Broccoli, Cheese, Cream, Cheddar		\$5.50
GRAND GARDEN	Tomatoes, Potatoes, Cucumbers, Bell Peppers, Onions		\$5.25
GRAND CHICKEN	Chicken, Potatoes, Broccoli, Cheese, Cream, Cheddar		\$5.50
AVOCADO CHICKEN	Chicken, Potatoes, Broccoli, Cheese, Cream, Cheddar		\$5.50
ROASTED YOGURT CHICKEN	Chicken, Potatoes, Broccoli, Cheese, Cream, Cheddar		\$5.50

Tuesday & Wednesday	
CHICKEN PASTA	Chicken Breast, Creamy Spinach Pasta \$4.50
ROAST PUMPKIN, BUTTERNUT & FETA	Mixed Lettuce, Red Onions \$5.50
VIETNAMESE NOODLES	Chicken, Quail, Green Coriander, Carrots (For Order) \$5.50

WRAPS EVERYDAY

SALAD Lettuce, Tomato, Cucumber, Green, Red Onion	\$ 4.25
CHICKEN Chicken Breast, Lettuce, Mayo	\$ 6.00
SWISS CHILI CHICKEN Swiss Cheese, Chicken, Swiss Cheddar Mayo	\$ 6.00
HAM SALAD Ham, Lettuce, Mayo	\$ 4.00
CHICKEN CAESAR Chicken Breast, Lettuce, Egg, Cream, Cheese	\$ 6.00
AVOCADO SALAD Avocado, Tomato, Pineapple, Mayo	\$ 5.00
ROAST BEEF SALAD Beef, Lettuce, Mayo	\$ 5.00
CHICKEN, AVOCADO & SALAD Chicken Breast, Pineapple, Mayo	\$ 5.00

CRUNCHY BREAD ROLLS REPLACE WRAPS ON WEDNESDAY

SANDWICHES EVERYDAY

Egg & Lettuce	\$ 3.95
SALAD Lettuce, Tomato, Cucumber, Onion, Dressing, Real Cheese	\$ 3.95
CHICKEN, LETTUCE & MAYO Chicken Breast	\$ 3.95
HAM, CHEESE & TOMATO Hamsteak	\$ 3.95
CHICKEN, CHEESE & TOMATO Chicken Breast	\$ 3.95
Ham Salad Hamsteak, Ham, Salad	\$ 4.00
SWISS CHILI CHICKEN, LETTUCE & MAYO Chicken	\$ 4.00
FIFTY FIFTY 1/2 of Two Different Types of Sandwich	\$ 4.00
B.L.T. Bacon, Lettuce, Tomato * Free Dressing	\$ 4.00
TUNA Lettuce, Mayo, Cheddar Cheese * Free Dressing	\$ 4.00
ROAST BEEF SALAD Roast Beef, Free Dressing	\$ 4.00

CRUNCHY ROLLS WEDNESDAY

SALAD Lettuce, Tomato, Cucumber, Onion, Red Onion, Red Onion	\$4.50
CAESAR SALAD Romaine Lettuce, Parmesan Cheese, Croutons	\$5.00
EGG & LETTUCE	\$4.00
AVOCADO SALAD Fresh Avocado, Tomato, Onion, Red Onion	\$5.00
CHICKEN SALAD Chicken Breast, Mayo, Onion, Red Onion	\$5.00
CHICKEN SCHNITZEL Breaded Chicken, Mayo, Onion, Red Onion	\$5.00
HOT N SPICY CHICKEN Spicy Breaded Chicken, Mayo, Onion, Red Onion	\$5.00
HAMB & SALAD Hamburger, Mayo, Onion, Red Onion	\$5.00
ROASTY PEPP SALAD Roast Beef, Mayo, Onion, Red Onion	\$5.00
SMOKEY CHILI CHICKEN Smoky Chicken, Mayo, Onion, Red Onion	\$5.00
CAESAR, LETTUCE & MAYO Chicken Breast	\$5.00



\$5 EVERYDAY SANDWICH DEAL
CHOOSE ANY \$3.60 SANDWICH
AND WATER 600ML
\$5.50 IF YOU CHOOSE A \$4 SANDWICH



PIZZA MONDAY

CHEESE Cheese & Sauce	\$ 3.80
PEPPERONI Cheese, Pepperoni & Sauce	\$ 4.00
BBQ CHICKEN Chicken, Bacon, Cheese, BBQ Sauce	\$ 4.50
VEGETARIAN Meat Substitute, Hot Cheese, Feta Cheese *Free Order	\$ 4.00

SUBS TUESDAY

ITEM	PRICE
SWEET CHILI CHICKEN Tandoori Chicken, Green Chutney	\$3.99
CHICKEN & GRavy Chicken Breast, Pink Gravy	\$3.99
MELT BALLS Beef Meltballs, Cheddar Cheese Sauce	\$4.99

RICE PAPER ROLLS WEDNESDAY

ITEM	PRICE
CHICKEN	\$4.00
SWEET CHILLI	\$4.00
TUNA	\$4.00
VEGETARIAN	\$4.00

HOT BITES

SPICY CHICKEN WINGS	\$ 1.25
GARLIC BREAD	\$ 2.00
POPCORN WINGS	\$ 3.00
CUP OF NOODLES Veg/Veg - Chicken - Beef - Vegetable	\$ 3.00
SALMONE ROLL	\$ 3.00
MEAT PIE	\$ 3.00
CHEESE & SPINACH ROLL	\$ 3.00
ROASTED DICE	\$ 4.00

TUESDAY & WEDNESDAY	
SPICY CHILI CHICKEN TENDERS ea 3oz ea	\$1.7
THURSDAY & FRIDAY	
CHICKEN MIGHTS x 5 (3oz 11oz ea 100 ea)	\$3.0

BURGERS

OUT REACH	
CHERRYLINDEN Most: 10000, 10000, 10000	5.40
ALANNA BEEF Larkins, 10000, 10000, 10000	5.40
WU ETVGAR (Europe only, a Cuckoo in Feb, 85 Mins) 10000	5.40
CHERRYL Road Map, 10000, 10000	5.40
HOT IN SPOT CHILDREN 10000, 10000, 10000	5.40
THE JEWEL	
SWIFT CHILL 10000, 10000, 10000	5.40
BAIR, BAYTON & CHERRYL 10000, 10000	5.40
THE JEWEL	
HEM HILL 10000, 10000, 10000	5.40
CHERRYL, CHERRYL 10000, 10000, 10000	5.40

SNACK PACKS & KEBABS

EVERYDAY
8-PK CHICKEN WINGS & WEDGES Wed-Fri \$ 8.99
Monday & Tuesday

CHICKEN SCHMITZEL SNACK PACK, 100% CHICKEN IN SAUCE	\$ 6.0
THUNDERBOLT & PEPPER	
BRANDS, 50% CHICKEN, 50% SAUCE, 100% CHICKEN IN SAUCE	\$ 6.0

DOHERT BLACK MACH. (overhaul) (see 1994-1995)	\$ 0.00
DOHERT KAMRUS (chrome) (see 1994-1995)	\$ 0.00
FRIGIDAY	
FRIG. BLACK MACH. (overhaul) (see 1994-1995)	\$ 0.00

PASTA - RICE - NOODLES

BUETTY DOW			
CREAMY CHICKEN PASTA	small \$ 3.0	large \$ 4.0	

BUFFER CHORD 7000 Series Ice	Small \$ 3.5	Large \$ 5.2
BLISSY		
LEADER Hammerhead Ice	Large \$ 5.8	
TRACER		
BOLENESE PASTA Hammerhead Ice	Small \$ 3.8	Large \$ 4.8
LEADER Hammerhead Ice	Large \$ 5.8	

WEDNESDAY			
MACARONI & CHEESE		Large	\$ 4.99
BOLOGNESE PASTA, Homemade Meat Sauce	Over \$ 3.00	Large	\$ 4.99

FLYBOYS OF THE WORLD YockyMaez, Daryl D. Hoodless, Lego \$ 6.0

BOLOGNESE PASTA	Homemade Beef Sauce	Oven \$ 3.0	Large \$ 4.8
FLYDRESS OF THE WORLD	Yummy Spices Curry & Potatoes	Large	\$ 6.0

MEXICAN

Ernst R. Ruppel, *University of Illinois at Chicago* 654

VEGETARIAN NACHOS	Black Beans, Cheese	Marinero Sauce	\$ 5.0
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TOASTED WRAPS

CHICKEN & CHEESE (3A) 5000	\$ 4.99
SMITH CHILI CHICKEN Turkey, Cheese, Panko Crispy	\$ 4.99

DRINKS EVERYDAY

WATER	600ml	\$ 2.0
OAK FLAVORED BEER	300ml	\$ 2.0
OAK FLAVORED BEER	600ml	\$ 3.0
ICE COFFEE	300ml	\$ 4.0
HOT CHOCOLATE		\$ 2.0
SOFT DRINK	375ml No Sugar	\$ 2.0
UP 'N' GO	300ml	\$ 3.0
APPLE JUICE	300ml 300ml	\$ 3.0
ORANGE JUICE	300ml 300ml	\$ 3.0
MINERAL WATER	600ml	\$ 3.0
ALOE VERA	300ml	\$ 3.0
ICE TEA	600ml	\$ 3.0
PINEAPPLE	300ml	\$ 3.0
SOFT DRINK	600ml No Sugar	\$ 4.0
COFFEE	600ml 600ml	\$ 4.0



IMPORTANT NOTICES - SMS ABSENCES

If your child is absent from school for any length of time and you do not receive an SMS message from the College please provide a note the first day back at school giving the date(s) and reason why your child was absent which should be given to their Homeroom teacher on the day of return. On occasion it is out of our control that we experience an Internet or Telstra problem and therefore we are unable to send out the SMS absence messages. Thank you for your patience.

Reminder of how to reply to SMS Absence messages If you reply to the SMS message there is no need to send in a note to explain the absence -the SMS is sufficient. If you do not reply a note must be sent in with your child and given to their homeroom teacher on the day of return. In your SMS reply please include the following details: Child first and surname, Year group and homeroom (if known), **reason for absence**. Examples: Kylie Howard, 8D2, sick with a cold. Nikki Howard ,11, orthodontist appointment **PLEASE NOTE THAT IT IS VERY IMPORTANT THAT YOU GIVE REASON FOR ABSENCE**. We are still receiving replies without providing a reason for absence. In these cases it is still an unexplained absence and will remain outstanding. Please do not call the number sent in the SMS, it is only for SMS replies. **The replies are not downloaded till 1:00pm daily, so if, you need to clarify any details concerning your child's attendance please call the College office before 1pm on 4560 2900**



IMPORTANT NOTICES:

Illegal Stopping in Tasman Place

This has been reported to police who will issue penalty notices to those offending.

Illegal U Turn:

All parents and students are warned that making a U turn out of the bus bay on Rifle Range Rd is illegal. We bring this to your attention as making this turn is very unsafe, even when the 40kmh limit applies. Please **do not** make this turn.

Recharging Mobile Devices:

All students are asked to ensure that their mobile devices are fully charged before they arrive at the College each day.

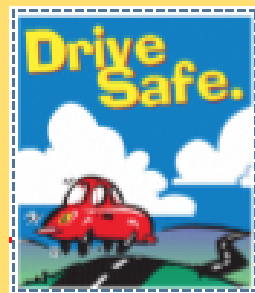
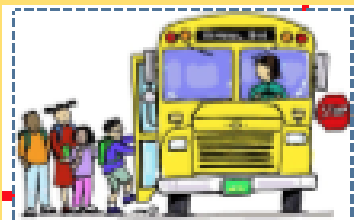


IMPORTANT NOTICE TO MOTORISTS

RE: SCHOOL BUS ZONES IN RIFLE RANGE ROAD

Please be aware that the School Bus Zones in Rifle Range Road are as follows:

1. The existing bus bay near the main car park gate is now a School Bus Zone on School Days from 8:00am-9:30am and 2:30pm-4:00pm. Therefore other than buses - any vehicle parking or stopping in this bus bay for any purpose during these times is doing so illegally. Clear signage has been erected reading "**NO ENTRY - BUSES EXCEPTED**" to warn motorists of this change.
2. The former School Bus Zone located near the Front Gate has been converted to a Full Time Bus Zone. Clear signage has been erected to warn motorists of this change. Therefore other than buses, any vehicle parking or stopping for any purpose in the School Bus Zone at any time, is doing so illegally.



IMPORTANT NOTICE FOR DROP OFF/PICK UP

For safety reasons parents are asked NOT to drive onto the school grounds to drop off or pick up students before 9:30am and after 2:30pm.

The ONLY EXCEPTION to this is for students with disabilities.

Thank you