

THE GOOD SAMARITAN

"Called To Bring Peace"

Bede Polding College

Email address: BedePolding@parra.catholic.edu.au

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Phone: 4560 2900 Fax: 4560 2999

Newsletter: 10th May 2019 Week 2 Term 2



CALENDAR

Term 2

May

Tuesday 14th Staff Meeting
9:30am late start

Monday 20th Stage 4 Parent/Teacher
Interviews 3.30pm-8.30pm

Wednesday 22nd SRC Trivia Night

Wednesday 29th College Photos

Friday 31st Athletics Carnival

June

Monday 10th Queens Birthday
Holiday- Public holiday

Tuesday 25th Polding Mass and
Awards

Friday 28th Polding Walk



PRINCIPAL'S DESK

Dear Parents, Guardians, Students and Friends of the College,

Welcome to Week 2 of Term 2. I hope that your Easter break was faith-filled and that the students enjoyed and relaxed during their break from the College.

I ask that you continue to keep the people of Sri Lanka in your prayers after the dreadful terror acts that took place whilst we were celebrating Easter here. We pray that we have the courage we all need to have, to stand together as a united humanity from all faith traditions to eliminate extremism of all kinds.

ANZAC Day Ceremony

The annual RSL and Schools Remember Anzac Commemoration Service was held on Tuesday 9 April 2019 at the Anzac Memorial in Hyde Park. Our College was magnificently represented with Harry Hicks of Year 11 delivering the address. Teagan Vandenburg and Madison Gollen also represented the College with distinction.

[Click here for a copy of Harry Hicks ANZAC address](#)



On Tuesday of last week, at the College Assembly, the students led a wonderful ANZAC ceremony remembering all fallen Australians from Gallipoli right through to today's modern peacekeeping forces. I thank all of our student SRC, our cadets, musicians and leaders who, under the guidance of Ms Shelby Vassallo, delivered an outstanding ceremony.

We Pray,

God of love and liberty, we bring our thanks this day for the peace and security we enjoy, which was won for us through the courage and devotion of those who gave their lives in time of war. ... This we **pray** in the name of the one who gave his life for the sake of the world, Jesus Christ our Lord.

Tell Them From Me Survey

In the coming weeks we will be inviting students, teachers and parents to provide feedback on their experience of our school using an online survey. The surveys are an important part of our whole school evaluation and planning process.

We would like to invite you to complete the *Tell Them From Me (TTFM)* Partners in Learning survey. As we value the role of parents and carers within our school community we would greatly appreciate your feedback. The information you provide will be used to maintain our commitment to working together in partnership to further improve student learning and wellbeing at Bede Polding College.

The survey is anonymous and will take approximately 20 minutes to complete. The College will share this survey with you in the coming weeks.

Contacting Staff at Bede Polding College

The College is committed to providing the best possible education for our students. There is a vast body of research that demonstrates that improved student outcomes are a result from positive parental engagement. To that end, and to foster better channels of communication, the link attached provides the email contacts for all staff. I ask that you please take note of the following:

Bede Polding College recognises that email is a fast and convenient way to communicate with your child's teacher. As you would appreciate, teachers read their emails at various times throughout the school day. Further, other than in the case of a genuine emergency, they are generally not expected to respond to emails from parents and students outside of normal working hours. Please keep in mind that if you send an email to a member of our staff a reply may not be received until the following working day. At a minimum you should expect to receive an acknowledgement of your email within 48 hours.

As a general rule issues pertaining to class matters ought be directed to the class teacher and issues of well being should be directed to the homeroom teacher in the first instance. Please find below a copy of all staff email addresses.

Staff email address

We are called to bring peace.

Mark Compton



Principal





Mother's Day

We had a wonderful celebration here at the college on Thursday. I take this opportunity to wish all mother's and motherly figures a very happy Mother's Day on Sunday. There is nothing quite like the love of a mother.

*Love is patient, Love is kind.
It always protects, always trusts,
always hopes, always perseveres.
Love Never Fails.
1 Corinthians 13:4, 7-8*



College Leadership Teams

~ Executive ~

Principal

Mr Mark Compton

Assistant Principals

Mr Rodney Howard / Harry Fernandez

Religious Education Coordinator

Mr Joshua Rodricks-Testa

Business Manager

Mr Paul Cruise

Administration Coordinator

Mr Paul Samoluk

Principals Assistant

Mrs Deanna Melbin / Mrs Lisa Casey

Diversity and Case Management Coordinator

Mrs Tracey Johnson

~ Curriculum Forum & Assistants ~

Creative Arts

Miss Angela Rando / Assistant: Mr Bradley Lee

English

Miss Angela McEneaney / Acting Assistant: Mrs Melina Jamhour

Human Society & Its Environment

Mr Paul Sykes / Assistant: Mr Brett Windon

Lote

Mrs Kelly Hitchen

Mathematics

Mrs Anni Brailey / Assistant: Mrs Despina Wealth

Religious Education

Mr Joshua Rodricks-Testa / Assistant: Mr Michael Aure

PDHPE

Mr Marc Sluiter / Assistant: Liam Campbell

Post Compulsory & Careers

Mr Brett Collimore

Science

Mr David Rowsell / Assistant: Mr Steve Lans

Learning Technologies Coordinator

Mr Matthew Kneller

Diversity Case Management

Mrs Tracey Johnson / Assistant: Jessica Camilleri

Sports Coordinator

Mr Dean Bertenshaw

Technology & Applied Studies

Mr Edward Gruppetta / Mrs Lisa Cummins

Year Coordinators:

Year 7 Mr Jeremy Tuano

Year 8 Mr Matthew Marshall

Year 9 Mr Craig Adams

Year 10 Mrs Janette Wick

Senior Coordinator Mr Nicholas Briffa

Home-School Liaison Coordinator

Miss Jenny Woods

Student Counsellors

Ms Debbie Robinson & Ms Kathryn Rogers

Librarian

Mrs Kerrie Brownscombe

From the Assistant Principal Pastoral Care

Year Assemblies

Once every three weeks we conduct whole school assemblies where each Year Groups gets together for presentations by guest speakers and other Year Group activities.

This Tuesday we had guest speakers present to Years 10, 11 and 12.

Of particular note was the presentation by Senior Constable Amanda Jones who talked to our Year 11 and 12 students about Cyber-safety.

She referred to resources that would have very useful information for parents and students and two of these are "Think you know" and "The office of the eSafety Commissioner"

I would strongly encourage parents (and students) to have a look at the material available in these resources. Please refer to the links below to access them. A priority of our College always is the Well-being of all students, staff and members of our community.

Thinkuknow.org.au

esafety.gov.au

Staff Meeting

On Tuesday 14 May, we have our Staff Meeting at which all staff will undergo Anaphylaxis training by professionals from the Children's Hospital at Westmead.

Once again I appeal to all parents not to allow your children to go to the Fast Food restaurants in the vicinity of the College before school commences. The danger in crossing the road to get to school is of grave concern to us and we would not want anything untoward to happen to our children attempting to cross the road. All students that come to school by bus must come straight into the school grounds where they will be under supervision and those that get to school later must be at school by 9.30 a.m. We greatly appreciate your cooperation with this.

I wish each of you and your families a great Term 2.

God bless,

Harry Fernandez

Learning & Teaching Report

Rodney Howard Assistant Principal Learning & Teaching



lakemurraycommunitychurch.org

NAPLAN

Students in Years 6 and 7 will be completing their NAPLAN tests commencing on Tuesday 14th May. The tests give the Teachers important information about the strengths and challenges for each child in the areas of literacy and numeracy and will allow them to better cater for the individual needs of each of the students.

These tests will be completed online. Students will only need to bring a set of headphones which can plug into a chromebook and a pen or pencil to do planning or working out. The schedule is as follows

Year 7			
Day	Period	Test	Length
Tuesday 14th May	3, 4	Writing	42 minutes
Thursday 16th May	1, 2	Reading	65 minutes
Monday 20th May	1, 2	Conventions of Language	45 minutes
Thursday 23rd May	1, 2	Numeracy	65 minutes

Year 9			
Day	Period	Test	Length
Wednesday 15th May	1, 2	Writing	42 minutes
Friday 17th May	1, 2	Reading	65 minutes
Tuesday 21st May	3, 4	Conventions of Language	45 minutes
Wednesday 22nd May	1, 2	Numeracy	65 minutes

Our expectation is that all students will attend on these days.

Stage 4 Parent, Student, Teacher Interviews

Stage 4 parent, student teacher interviews will take place on Monday 20th May from 3.30 to 8.30.

We see these interviews as important and value the opportunity of working with you and your child in furthering their education and personal growth, so it is important that students accompany their parents to the interviews in full winter school uniform. Each interview is restricted to 5 minutes and as in previous

years booking will be made online. Stage 4 students brought home a letter last week with information regarding the website and code for parents to make bookings which opened on Friday 3rd May and will close at 6.00pm on Sunday 19th May.

Parent Bulletin

Week 2, Term 2

Happy Easter everyone! *The Lord has risen indeed!* (Lk 24:34). St Paul teaches us *"But in fact Christ has been raised from the dead. For since death came through a human being, the resurrection of the dead has also come through a human being; for as all die in Adam, so we all be made alive in Christ"* (1 Cor 15:17, 21-22). What a wondrous gift that we all have the opportunity to receive! The Church celebrates the season of Easter until Saturday 1st June so I would like to continue to wish you all a happy and Holy Easter!

Easter Liturgy – Friday 12th April, Week 10, Term 1

On the final day of school in Term 1, the students participated in our annual Easter Liturgy to commemorate the death and resurrection of Jesus Christ. The liturgy included a drama performance of the Stations of the Cross performed mostly by our Years 9-12 Drama students. During the Stations of the Cross being enacted, Eliza Brown, Victoria Benfield, Mary Touma Holly Taylor and Tahlia Panetta drew the hands, feet and face of Jesus on a canvas each to represent the suffering and agony Jesus experienced during the Passion. Our college musicians performed throughout the stations and artwork to set a reverent and sacred scene for all of our students to remember and reflect on the love that Jesus demonstrated on the cross for us.



Stations of the Cross – Windsor Parish – Good Friday 2019

On Good Friday, in the first week of the holidays, Andrew Sultana, Louise Sammut, Jade Stevens, Samantha O'Brien, Sophie Barbara and Erica O'Brien participated in the Stations of the Cross at St Matthew's Primary with students from St Matthew's Primary and Chisholm Primary involved as well. I would like to thank all of these students for participating in the act and creating a reverent and sacred opportunity for us to remember the sacrifice that Jesus made on the cross for each of us.



Caritas Lenten Appeal/Project Compassion

It is my pleasure to announce the total amount of donations that were raised for the Caritas Lenten Appeal/Project Compassion this year. What a wonderful result! A big congratulations to Year 7 that raised close to twice more than what they aimed for! At our assembly in Week 5, a Caritas representative will receive our cheque and explain to the students how these donations will assist those less fortunate than we are. Most importantly, let's keep all the communities that Caritas assists with in our thoughts and prayers as we combat poverty one step at a time!

Year 7

Target: \$1,250

Goal: Help a remote Indigenous community such as Tati's establish a sustainable livelihood in the forest of Indonesia.

Total: \$2,438.95

Year 8

Target: \$800

Goal: Fund food for 8 indigenous communities.

Total: \$751.20



Year 9

Target: 4 lots of \$150 = \$600

Goal: Provide the opportunity for four children to attend group-learning activities in Vietnam.

Total: \$433.65

Year 10

Target: \$975

Goal: Year 10 will aim to raise multiples of \$325 - the cost of educating a midwife in Bangladesh.

Total: \$704.45

Seniors

Target: \$1000

Goal: Provide school supplies to students in Zimbabwe (and around the world). Our goal is to support at least 20 students, at \$45/50 each.

Total: \$712.25

Staff

Target: \$200

Goal: buy school supplies for 4 students in Zimbabwe who dream of becoming nurses.

Total: \$200.60

International Day of Families (IDF)

Bishop Vincent Long has invited every school in the Parramatta Diocese to celebrate International Day of Families (May 15) on a day and time that suits our school community, during the month of May. BPC will celebrate IDF on Thursday 16th May during homeroom. The students will be shown a short clip explaining the importance of IDF and engage in discussion with their homeroom teacher and peers about the important role families play in society. The students will receive an IDF bookmark in celebration of the international event. For more information please visit the IDF website here

<https://www.un.org/development/desa/family/international-day-of-families/2019-2.html>



Year 12 Retreat Monday 1st April-Friday 5th April – Winbourne Retreat Centre

In Week 10, Term 1, our Year 12 students participated in their Year 12 Retreat at Winbourne Retreat Centre at Mulgoa. Below is a review from our school captains Samarah Vella and Jake Dimech:

In Week 10 of Term one, Year 12 embarked on our final spiritual journey together. As a Year Group, this was our final chance to come together and take a break from all of our school work, assessments and exams. The three days spent at Retreat were filled with many fun, reflective activities, allowing us to bond and form connections with others in our cohort that we never normally would. Our first day started bright and early at Bede with a barbecue breakfast at 7am. We then had an opening liturgy to bless us on our retreat, which introduced us to our theme, to 'Cast out into the deep' (Luke 5:4). We then departed on the Bede buses headed for the Winbourne Retreat Centre at Mulgoa.

Once there, we all (congregated) joined together to do some ice-breakers, giving us an opportunity for some fun with one another. We then separated into our small groups, which would turn into our little 'family' by the end of the three days. Within these small groups, we shared our personal symbols that had some special meaning to us and had a chance to tell others about our families and the relationships we possess within them. This gave us a wonderful opportunity to reflect on our family relationships and how we can endeavour to strengthen those connections. On the first night, we all got to experience the sacrament of Reconciliation, which was extremely

rewarding during this time of Lent. Every one of us got the chance to spend time with one of the Priests assisting in reconciliation and I know that every person was positively impacted in some way.

Day two was one certainly filled with lots of fun and rewarding experiences, focused on discovering our relationship with God. All together, we had an opportunity to voice our views in a group activity and share our own beliefs of God. We then had a 'Q&A' session with panellists joining us to answer our questions relating to the Catholic faith. These panellists were all people who have associated with Bede at some point in their lives - Mr Compton, Miss Kazzi, Mr Sluiter, ex-student Harry McClifty, Seminarian Matt and Father Clifford. They were able to answer our questions with clear, insightful answers, helping to deepen our understanding of the Catholic faith. The afternoon of day two was filled with much fun by all groups as we participated in "*Retreat Survivor*". This involved each group completing a number of activities and then the final stand-off being the creation of a fishing rod, fitting the theme of "*Cast out into the Deep*". Despite the perplexed looks from our teachers, I think we made a pretty good attempt with only marshmallows and spaghetti! In the evening, we began the conclusion of our retreat with a Mass celebrated by Fr Gayan from Windsor Parish. This Mass provided us with the opportunity to reflect on and celebrate our connection with God that we had formed over the past few days. During the Mass, we shared the affirmations we had written for other members of our groups, which was a perfect opportunity to uplift and encourage others. Afterwards, students from our very own year group performed a number of songs that they had been working on in their Music classes, allowing us to witness their amazing talent!

Day three, our final day of Retreat. This was our last day together without having to worry about the stresses of schooling and gave us a final opportunity to bond with others in our year group. In the morning, we wrote letters to ourselves that we will receive back once we graduate. I think this was a wonderful gesture to ourselves to encourage, guide and uplift us. We then got to decorate our Year 12 candles, which we will again see at Graduation. Partaking in all of these activities for our graduation made us realise how little time we have left together, and I think it is was brought us all closer together. We then got to share what we have learned and experienced at retreat with others in our group as a special ceremony. It was then time for us to leave and attend lunch at Windsor RSL, where we were treated with fish and chips, and sat together with our small group 'families' for the last time.

Overall, our three days at retreat were simply amazing. As our final chance to escape from all the workload of Year 12, everyone cherished these moments and I'm sure will remember the wonderful memories created!

Samarah Vella and Jake Dimech (School Captains)



Year 12 Studies of Religion Workshop – Thursday 2nd May

On Thursday 2nd May, one of the CEDP (Catholic Education Diocese of Parramatta) Mission Team Leaders Bruce Carr led a writing workshop specifically focused on the course Studies of Religion. During the workshop, Mr Carr provided tips for the students in answering questions, interpreting questions, response inclusions and expectations of the 2019 HSC SOR exam. The students completed an evaluation form afterwards and overall found the workshop to be beneficial to their learning and preparation for the HSC exam.



Joshua Rodricks-Testa
Religious Education Coordinator

From the Business Manager

There are several important School Fee matters that I have to bring to your attention:

Firstly, the signatories on enrolment forms are jointly and severally responsible for payment of school fees.

Secondly, you are required to notify the Principal in writing with 10 week's notice before a student leaves school - otherwise a full term's fees will be payable.

If you have any questions about these matters, please do not hesitate to contact me.

Paul Cruise (Business Manager)

WALK-A-THON



2019 Polding Walk

Planning is going well for the Polding Walk to be held on Friday, 28th June (Week 9). Letters outlining details of the day, will be issued to all students before the end of Term 1. Students have been given their blue sponsorship cards and should start getting sponsors signed up. Special letters for attracting business sponsors are available at the Student Foyer. There are some great prizes and incentives on offer (including gift vouchers and a day at Wet 'N Wild) for those students who raise the most money. If parents are interested in volunteering to help on the day, please complete the response slip on the letter and return it to school as soon as possible. This year we are hoping to raise around \$50,000 through the Polding Walk and that money will benefit students by air-conditioning the school Hall. Also 10% of the total amount raised will be distributed to the Year Group charities .



★ WANTED ★

THE SRC INVITES YOU TO THE
ANNUAL

BPC TRIVIA NIGHT
supporting the
SAN MIGUEL FAMILY CENTRE

**WILD WILD
WEST**

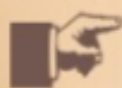


TABLE BOOKINGS NOW OPEN



TEAMS OF 10 | FAMILIES WELCOME | \$60 PER TABLE

WEDNESDAY 22ND MAY, 2019
5:30PM BBQ - SALOON DOORS OPEN 6:00PM
@BPC GOOD SAMARITAN HALL
+ HOSPITALITY CATERING

SEE YOUR SRC REPS FOR MORE INFORMATION

San Miguel Visit

On the 9th of April, the SRC students visited the San Miguel Family Centre, which is our designated charity group, along with Miss Vassallo and Mr Fernandez. Here, we were welcomed by the amazing case workers who had a chat to us about their roles and the impact of the San Miguel Family Centre on families in need. It was an incredibly eye-opening experience to hear the stories of the young men and women, many our age, who are forced into situations we could never comprehend. Some of these situations included youth homelessness, teen pregnancy, unemployment, drug abuse and broken families. Without San Miguel, they would have little to no support in these debilitating situations, and they would have little chance of breaking the cycle of poverty. One case worker shared with us a heart-warming story, where a child who had been sleeping rough with his young mum, was given his own bed and a pillow. The child could not believe he had his own bed and pillow, and he ran around the house hugging his new pillow.

The visit showed us that the simple things we take for granted such as a pillow, clean clothes and access to health services are unavailable to the people most vulnerable; people in our own communities. It also showed us the importance of the San Miguel Family Centre in providing crucial and diverse support to young Australians in need. This sparked an interest within us to further our effort in our fundraising for this important cause.

Madison Gollan

Year 12 SRC

Music Scholarship Program

During Term 2, The Music Department is offering free instrument lessons. The free lessons constitute a scholarship and will allow your child to develop their musical skills under the careful guidance of guided expert tutors and industry professionals.

What's Involved?

- Three free music lessons to start you off
- Free instrument hire
- A place in the **Concert Band** or **Jazz Band**

Why your child should get lessons

- Music participation correlates with higher reading, language, and maths skills, in addition to other measures of academic achievement and creativity.
- Music study can actually help below average learners to improve reading and language skills.
- Learning an instrument when young is a lifelong skill which can be enjoyed at many levels.
- Band members learn teamwork and how to organise their time efficiently, which in turn carries over onto all other areas of their school life.
- Best of all time spent participating in Music instruction is not detrimental to academic performance multiple studies show no compromise in academic performances for students excused from class to study instrumental music once a week.

What instruments does this apply to?

- Woodwind flute, Oboe, Clarinet, Saxophone
- Brass Trumpet, French Horn, Trombone, Baritone Horn Tuba.
- Percussion: 2 Percussionists will learn all instruments from the percussion family, including Snare Drum, Timpani, Bongos, Tambourine, Mallet Percussion EG (Glockenspiel) For more information contact Bradley Lee (Music Coordinator) Blee6@parra.catholic.edu.au

How to apply:

1. Click the link: <https://forms.gle/5AhSBw61yVv4QtNU8>
2. Register your interest
3. A music teacher will contact you

Please click
the link here



**Vicar General
Diocese of Parramatta**

Level 2, 12 Victoria Rd, Parramatta NSW 2150, Australia
PO Box 3066, North Parramatta, NSW 1750, Australia

☎ 02 8838 3400 📠 02 9630 4813

✉ chris.desouza@parracatholic.org

🌐 parracatholic.org

3 May 2019

Dear Brothers and Sisters in Christ,

The recent bombings and deaths in Sri Lanka have shocked many of us and those to whom we pastorally minister.

Whilst not all who died were Catholic, the majority were Catholic, and in keeping with Catholic tradition particularly in South Asia, the Diocese of Parramatta will celebrate a Month's Mind Requiem Mass to pray for all who were killed in Sri Lanka.

A Month's Mind Requiem Mass is typically celebrated one month after a person's death and is held in memory of the deceased.

I will be celebrating this Mass at St Nicholas of Myra Parish, Penrith on Sunday 19 May at 10am.

I ask too that you make this Mass known to your communities and invite them to this celebration.

During these sad times when people continue to sin against God's gift of life in such a violent way, let us continue to pray for and support each other.

Every blessing in this Holy Season of Easter.

Very Rev Christopher de Souza

Vicar General

Episcopal Vicar for Education & Formation



Invitation to Chatterbox Live Q&A Event

27 April 2019

Dear Parents and Carers

CEDP has always valued parent feedback and with the use of new technologies, we now have the opportunity to become more connected with families in real-time. As part of our commitment to promoting student and parent voice in our schools, we have launched a new initiative called *Chatterbox Live*.

We have had success using social media platforms to host Chatterbox Live in a number of primary and secondary schools already. I was impressed with the range of questions students asked me on issues related to schooling in today's world.

I am extending the invitation to our parent community to join us for the first Chatterbox Live event for parents and carers. This will be held on Thursday, 13 June at St Andrews College Marayong from 7.00pm. I'm looking forward to hearing your views and responding to your questions related to Catholic schooling in the Parramatta Diocese.

Registrations to attend the event in person will open on May 20 at 9am. If you would like to attend in person, please register your interest as soon as possible by visiting chatterbox.parra.catholic.edu.au.

If you're unable to attend in person, you are welcome to tune in live by 'liking' the CEDP Facebook page to be reminded when the event begins. You can do this at www.facebook.com/CatholicEdParra/.

If you have any questions or would like further information in regard to this event, please contact Lachlan Andrews via landrews8@parra.catholic.edu.au or on 9840 5790.

I look forward to strengthening our engagement with parents.

Regards

Gregory B Whitby AM KSG
Executive Director

Understanding **ANXIETY** in Children and Adolescents



TOPICS:

What is anxiety?

What may be the signs of anxiety in your child?

What are strategies that can help children and teens?

What support services are available

SPEAKERS:

Deb Robinson

School counsellor & Psychologist

Monique Beglinger

School counsellor & Psychologist

HOSTED BY:

Chisholm Catholic Primary

Working with

The Chisholm

Community Group

CHILD MINDING
WILL BE AVAILABLE
BUT MUST BE BOOKED IN



WHEN: Mon 27th May, 2019

TIME: 6 - 7PM
(Prompt start at 6pm)

WHERE: CHISHOLM CATHOLIC PRIMARY SCHOOL
30 Collith Ave, Bligh Park

COST: FREE! We will provide some great tip sheets and resources on anxiety for you to take home

WHO CAN ATTEND: ANY parent or caregiver of a student who receives a Catholic Education through the Diocese of Parramatta.

RSVP: For catering purposes and child minding numbers, please RSVP no later than Thursday 23rd May via the link on the Skool Bag App



15
MAY

For
parents &
carers of
TEENAGERS

Understanding your TEEN Mental Health & Drug & Alcohol Use

Castle Hill Library

6.00pm - 7.30pm

Presenters from Headspace and Youth Off The Streets will help you learn about mental health challenges and ways to maintain a healthy headspace. Get advice in recognising and helping your teen through drug and alcohol issues.

FREE | BOOKINGS ESSENTIAL ONLINE

Positive  ibes Foundation

www.thehills.nsw.gov.au



THE HILLS
Sydney's Garden Shire

29
MAY

For
parents &
carers of
TEENAGERS

Understanding your TEEN MANAGING SCHOOL PRESSURES & SOCIAL NETWORKING

Castle Hill Library

6.00pm - 7.30pm

Presenters include a representative from NSW Police and a school counsellor who will talk about how to support your teen through high school and how to navigate the digital world safely to protect your child from cyber bullying.

FREE | BOOKINGS ESSENTIAL ONLINE

Positive Vibes Foundation

www.thehills.nsw.gov.au



Yr 7 2020 Enrolments

Please be advised that we will be holding interviews for all Year 7 enrolment applications.

Although enrolments do not close until Friday 24th May 2019, interviews will take place in mid-May for those who have already submitted their applications to the College.

If you have already admitted your application, please check your emails over the coming weeks as there will be instructions on how to book your interview time.

We encourage you to submit your applications early next term, however, the closing date remains as Friday, 24 May and the balance of all enrolment interviews will take place in early June 2019.

We have re launched our social media platform.
Please like us on Facebook.

Facebook

Complaints

Complaints, where possible, are to be resolved closest to the source of the complaint. Complaints will be addressed professionally, competently and in a timely manner applying principles of natural justice and confidentiality.

If you would like to
view our Complaints
Policy please click



STUDENT LEARNING DEVICE EXPECTATIONS



Thank you for your support in regards to the change of the Student Learning Device Policy this year.

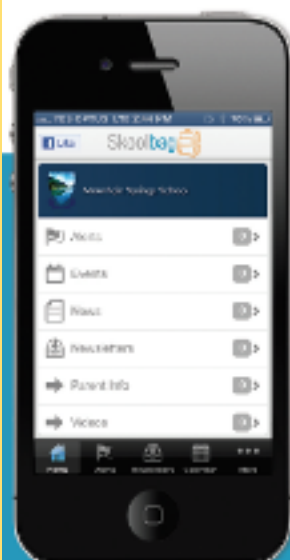
It is an expectation that your child comes to the College with their device charged every day. If for any reason this cannot occur please contact the College. Students can be issued with Management Record Forms (MRF) for not having a learning device present in class or if they are using their device inappropriately.

If your child's device is in for repair or is in the transition of being replaced there are Google Chromebooks available for short term loans in the Library. Please write a note in your child's diary and direct them to the Library.

For more information on Bede Polding College's approved Learning Devices please go the '[Student Learning Device Portal](#)' available through the College Website.



Bede Polding Uniform Price List					
Junior Girls			Senior Girls		
Summer			Summer		
Summer Dress	\$60.00		Navy Blue Skirt	\$60.00	
Sky Anklets	\$ 6.00		Short Sleeve Blouse	\$35.00	
Winter			Winter		
Junior Girls Blazer	\$150.00		Senior Girls Blazer	\$150.00	
Winter Skirt	\$ 51.00		Navy Scarf	\$15.00	
Short Sleeve Shirt	\$ 27.00		Navy Stockings	\$ 8.00	
Maroon Tie	\$ 15.00		White Anklets	\$ 6.00	
Black Stockings	\$ 8.00				
Junior Boys			Senior Boys		
Summer			Summer		
Short Sleeve Shirt	\$27.00		Striped Shirt	\$35.00	
Navy Shorts	\$40.00		Navy Shorts	\$40.00	
Navy Trousers	\$46.00		Navy Trousers	\$46.00	
Navy Socks	\$ 6.00		Navy Socks	\$ 6.00	
Winter			Winter		
College Blazer	\$150.00		College Blazer	\$150.00	
Navy Striped Tie	\$ 15.00		Navy Tie	\$ 15.00	
Junior Unisex			Senior Unisex		
Maroon Jumper	10-16	\$66.00	Navy Jumper	10-16	\$66.00
	18-22	\$70.00		18-22	\$70.00
	24-26	\$77.00		24-26	\$77.00
	28-30	\$84.00		28-30	\$84.00
Sports Uniform			Accessories		
College Polo	\$40.00		School Bag	\$70.00	
College Shorts	\$30.00		Belt (Black)	\$13.00	
Sports Cap	\$13.00		Aprons	\$10.00	
Sports Socks	\$ 8.00		Safety Goggles	\$ 6.00	
Tracksuit Top	\$75.00		Drawstring Bag	\$ 5.00	
Tracksuit Pants	\$45.00		Navy Umbrella	\$12.00	
			Calculator	\$26.00	
			Cooking Hat	\$ 5.00	
			Year 7 Book Pack	\$40.00	
			Year 8 Book Pack	\$40.00	
			Maroon Gloves	\$ 5.00	
			A4 Art Diary	\$ 8.00	
			11x14 Art Diary	\$12.00	
			A4 Visual Journal	\$14.00	
			2 Piece Brush Set	\$ 8.00	
			Year 9 Art Pack	\$40.00	
Terms of Trade: Cash, cheque, Mastercard, Visa and EFTPOS accepted.					



Skoolbag

Smartphone school to parent communication

Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)

Skoolbag delivers school notices directly to parents and students



How To Install Skoolbag On Your Smartphone

iPhone & iPad Users

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.




Android Users

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.



Don't forget to like us on Facebook! 

Find out more at www.skoolbag.com.au

Skoolbag delivers school notices directly to parents and students





BEDE POLDING COLLEGE CANTEEN MENU



BREAKFAST

EVERYDAY

WHOLE FRUIT PIECES	From	\$1.0
YOGHURT	Various	\$2.0
WATERMELON SALAD	Large	\$4.0
FRUIT SALAD	Fresh Seasonal Fruit Large	\$4.2
MUFFINS & BANANA BREAD	Assorted	\$3.0
TOASTED SANDWICH CO., TOMATO & HOT FOOD		
EGG & CHEESE ROLL	With Sauce	\$3.0
BACON ROLL	With Sauce	\$3.5
EGG & BACON ROLL	With Sauce	\$3.8
CHEESE WRAP		\$2.5
HAM, CHEESE & TOMATO SANDWICH		\$3.0

BREAKFAST BEFORE 9AM

\$5.50

On Campus One
PAST SALAD
WATERMELON SALAD
+ WATER 300ML
FROM 1000H

CHOOSE ONE
ITEM FROM THE
BREAKFAST SECTION
(SALAD OR FRUIT PIECES)

CHOOSE ONE
HARD-BELOW
FRUIT PIECE

CHOOSE ONE
WATER 300ML
MILK 300ML



FRESH SALADS

EVERYDAY

WATERMELON SALAD	Watermelon, Citrus	\$4.0
FRUIT SALAD	Watermelon, Pineapple, Gel, Orange, Grapes, Seasonal	\$4.2
GARDEN LETTUCE	Tomato, Cress, Cucumber, Red Onion, Lemon Dressing	\$4.5
SWEET CHILLI CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$6.0
CHICKEN CABBAGE	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$6.6
GRAND GARDEN	Avocado, Feta, Cucumber, Gel, 1 Veg, 1 Veg	\$5.2
SUMMER CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg, 1 Veg	\$5.5
AVOCADO CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg, 1 Veg	\$5.5
GOURMET YOUR WAY	Choose your meat & sauce + 1 Veg, 1 Veg	\$5.5

THURSDAY & WEDNESDAY

CHICKEN PASTA	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.5
ROAST PUMPKIN, BEETROOT & FETTA	Mixed Lettuce, Red Onions	\$5.5
VIETNAMESE NOODLES	Chicken, Cucumber, Cress, Cress, Gel, 1 Veg	\$5.5

WRAPS

EVERYDAY

SALAD	Lettuce, Tomato, Cucumber, Cress, Gel, 1 Veg	\$4.3
CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.5
SWEET CHILLI CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.5
HAM SALAD	Ham, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.5
CHICKEN CABBAGE	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.5
AVOCADO SALAD	Avocado, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.0
ROAST BEEF SALAD	Roast Beef, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.0
CHICKEN, AVOCADO & SALAD	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.5

WEDNESDAY

CRUNCHY BREAD ROLLS REPLACE WRAPS ON WEDNESDAY

* THE CRESS AND TOMATO WRAPS (WRAPS) ARE ONLY AVAILABLE MONDAY & TUESDAY

SANDWICHES

EVERYDAY

EGG & LETTUCE		\$3.6
SALAD	Lettuce, Tomato, Cucumber, Cress, Gel, 1 Veg	\$3.6
CHICKEN, LETTUCE & MAYO	Chicken, Lettuce	\$3.6
HAM, CHEESE & TOMATO	Ham, Cheese	\$3.6
CHICKEN, CHEESE & TOMATO	Chicken, Cheese	\$3.6
HAM SALAD	Ham, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0
SWEET CHILLI CHICKEN, LETTUCE & MAYO	Chicken, Lettuce	\$4.0
FIFTY FIFTY	1/2 of 10 Different Types of Sandwiches	\$4.0
B.L.T.	Beef, Lettuce, Tomato + 1 Veg, 1 Veg	\$4.0
TUNA	Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0
ROAST BEEF SALAD	Roast Beef, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0

CRUNCHY ROLLS

WEDNESDAY

SALAD	Lettuce, Tomato, Cucumber, Cress, Gel, 1 Veg	\$4.5
PULLING BEEF	Beef, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.0
EGG & LETTUCE		\$4.0
AVOCADO SALAD	Fresh Avocado, Gel, 1 Veg, 1 Veg	\$5.0
CHICKEN SALAD	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.0
CHICKEN SCHNITZEL	Meat, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.0
HOT N SPICY CHICKEN	Spicy Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.0
HAM & SALAD	Ham, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.0
ROAST BEEF SALAD	Roast Beef, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.0
SWEET CHILLI CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.0
CHICKEN, LETTUCE & MAYO	Chicken, Lettuce	\$5.0



\$5

EVERYDAY SANDWICH DEAL

CHOOSE ANY \$3.60 SANDWICH
AND WATER 300ML

\$5.50 IF YOU CHOOSE A \$4 SANDWICH



PIZZA

MONDAY

CHEESE	Cheese & Sauce	\$3.8
PEPPERONI	Cheese, Pepperoni & Sauce	\$4.0
BBQ CHICKEN	Chicken, Cheese, Sauce, BBQ Sauce	\$4.5
VEGETARIAN	Hot Sauce, Mozzarella, Veg, Cheese, 1 Veg, 1 Veg	\$4.0

SUBS

TUESDAY

SWEET CHILLI CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$3.8
CHICKEN & GRUYERE	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$3.8
MEATBALLS	Meatballs, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0

RICE PAPER ROLLS

WEDNESDAY

CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0
SWEET CHILLI	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0
TUNA	Tuna, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0
VEGETARIAN	Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0

HOT BITES

SPICY CHICKEN WINGS		\$1.2
GARLIC BREAD		\$2.0
POTATO WINGS		\$3.0
CUP OF NOODLES	Tomato, Chicken, Beef, Vegetable	\$3.0
SUBS		\$3.0
MEAT PIE		\$3.5
CHICKEN & BACON ROLL		\$4.0
POTATO PIE		\$4.2

THURSDAY & WEDNESDAY

SWEET CHILLI CHICKEN TENDERS	or 1 Veg, 1 Veg	\$1.7
THURSDAY & WEDNESDAY		
CHICKEN NOODLES x3	with 1 Veg, 1 Veg	\$3.0

BURGERS

EVERYDAY		
CHICKENBURGER	With Cheese, Tomato Sauce	\$4.5
AVOCADO BEEF	Lettuce, Tomato, Cheese, 1 Veg, 1 Veg	\$4.5
EVERYDAY (Choose one & 1 Veg, 1 Veg, \$5 Wednesday)		
CHICKEN	Beef, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0
HOT N SPICY CHICKEN	Spicy Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0
THURSDAY		
SWEET CHILLI	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0
BACON, BACON & CHEESE	Beef, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.0
FRIDAY		
PIZZA MELT	Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.5
CHICKEN CABBAGE	Beef, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.5

SNACK PACKS & KEBABS

EVERYDAY		
SPICY CHICKEN WINGS & WEDGES	Various	\$6.8
MONDAY & TUESDAY		
CHICKEN SCHNITZEL SNACK PACK	With Cheese, 1 Veg	\$6.0
THURSDAY & FRIDAY		
DOHNA SNACK PACK	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$6.8
DOHNA KEBAB	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$6.0
FRIDAY		
PIZZA SNACK PACK	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$6.0

PASTA - RICE - NOODLES

EVERYDAY		
CREAMY CHICKEN PASTA	Beef \$3.0, Large	\$4.8
BUTTER CHICKEN	With Cheese, 1 Veg	\$5.2
MONDAY		
LASAGNA	Ham, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.8
TUESDAY		
BOLOMONE PASTA	Ham, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.8
LASAGNA	Ham, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.8
WEDNESDAY		
MACARONI & CHEESE		\$4.8
BOLOMONE PASTA	Ham, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.8
THURSDAY		
PUMPKIN OF THE WORLD	With Cheese, 1 Veg, 1 Veg	\$6.0
FRIDAY		
BOLOMONE PASTA	Ham, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.8
PUMPKIN OF THE WORLD	With Cheese, 1 Veg, 1 Veg	\$6.0

MEXICAN

BEF NACHOS	Beef, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.8
VEGETARIAN NACHOS	Beef, Lettuce, Tomato, Cress, Gel, 1 Veg	\$5.8

TOASTED WRAPS

CHICKEN & CHEESE	Beef, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.5
SWEET CHILLI CHICKEN	Chicken, Lettuce, Tomato, Cress, Gel, 1 Veg	\$4.5

DRINKS

EVERYDAY

Water	300ml	\$2.0
OAK FLAVOURED MILK	300ml	\$2.4
OAK FLAVOURED MILK	300ml	\$2.8
ICE COFFEE	300ml	\$4.0
ROSE COFFEE	300ml	\$2.8
ROSE COFFEE	300ml	\$2.4
LYN WOOD	300ml	\$4.0
APPLE JUICE	300ml	\$3.0
ORANGE JUICE	300ml	\$3.0
NATURAL WATER	300ml	\$3.0
ALOE VERA	300ml	\$3.0
ICE TEA	300ml	\$3.0
PINEAPPLE	300ml	\$4.0
SOFT DRINK	300ml	\$4.2
POMEGRANATE	300ml	\$4.2

EFTPOS IS AVAILABLE HERE

Gregory's Service Debit / Credit Tip & Go
 Fee: 2.2 Cents Fee: 2.4% Fee: 1.1 Cents
 No Monthly No Monthly \$3.95 / m

IMPORTANT NOTICES - SMS ABSENCES

If your child is absent from school for any length of time and you do not receive an SMS message from the College please provide a note the first day back at school giving the date(s) and reason why your child was absent which should be given to their Homeroom teacher on the day of return. On occasion it is out of our control that we experience an Internet or Telstra problem and therefore we are unable to send out the SMS absence messages. Thank you for your patience.

Reminder of how to reply to SMS Absence messages If you reply to the SMS message there is no need to send in a note to explain the absence -the SMS is sufficient. If you do not reply a note must be sent in with your child and given to their homeroom teacher on the day of return. In your SMS reply please include the following details: Child first and surname, Year group and homeroom (if known), **reason for absence**. Examples: Kylie Howard, 8D2, sick with a cold. Nikki Howard ,11, orthodontist appointment **PLEASE NOTE THAT IT IS VERY IMPORTANT THAT YOU GIVE REASON FOR ABSENCE**. We are still receiving replies without providing a reason for absence. In these cases it is still an unexplained absence and will remain outstanding. Please do not call the number sent in the SMS, it is only for SMS replies. **The replies are not downloaded till 1:00pm daily, so if, you need to clarify any details concerning your child's attendance please call the College office before 1pm on 4560 2900**



IMPORTANT NOTICES:

Illegal Stopping in Tasman Place

This has been reported to police who will issue penalty notices to those offending.

Illegal U Turn:

All parents and students are warned that making a U turn out of the bus bay on Rifle Range Rd is illegal. We bring this to your attention as making this turn is very unsafe, even when the 40kmh limit applies. Please **do not** make this turn.

Recharging Mobile Devices:

All students are asked to ensure that their mobile devices are fully charged before they arrive at the College each day.

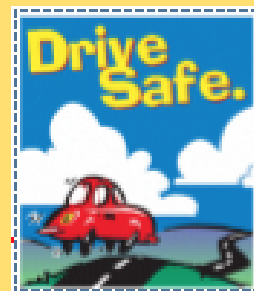
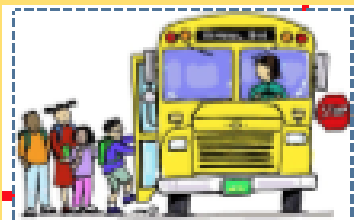


IMPORTANT NOTICE TO MOTORISTS

RE: SCHOOL BUS ZONES IN RIFLE RANGE ROAD

Please be aware that the School Bus Zones in Rifle Range Road are as follows:

1. The existing bus bay near the main car park gate is now a School Bus Zone on School Days from 8:00am-9:30am and 2:30pm-4:00pm. Therefore other than buses - any vehicle parking or stopping in this bus bay for any purpose during these times is doing so illegally. Clear signage has been erected reading "**NO ENTRY - BUSES EXCEPTED**" to warn motorists of this change.
2. The former School Bus Zone located near the Front Gate has been converted to a Full Time Bus Zone. Clear signage has been erected to warn motorists of this change. Therefore other than buses, any vehicle parking or stopping for any purpose in the School Bus Zone at any time, is doing so illegally.



IMPORTANT NOTICE FOR DROP OFF/PICK UP

For safety reasons parents are asked NOT to drive onto the school grounds to drop off or pick up students before 9:30am and after 2:30pm.

The ONLY EXCEPTION to this is for students with disabilities.

Thank you